

Elsenham News

*A special thank you!
See page 25*



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*What are you doing on
September 27? See page 45*

*A special event all householders
should not miss. See page 21*



elsenhamnews@hotmail.co.uk

September 2024
75p where sold

Elsenham Village Regular Monthly or Quarterly Activities

Parish Council 1st **Monday** of month 7.45pm (excl. Bank Holidays) Memorial Hall
 Natter Night 2nd **Monday** of month 7.30pm The Crown
 Elsenham EAGLES 4th **Monday** of month 7.30 - 9pm The Crown
 Henham & District Garden Soc. 1st **Tuesday** of month 2 for 2.30pm Memorial Hall
 Community Choir 1st & 3rd **Tuesday** of month 7- 8.30pm Village Hall
 Life Drawing 2nd and 4th **Tuesday** of month 7.30 - 9.30pm Village Hall
 Village History Society 2nd **Wednesday** of month quarterly 7.45pm Memorial Hall
 Women's Institute 3rd **Thursday** of month 7.45pm Memorial Hall
 Church Lunch Club 2nd & 4th **Friday** of month 12.30pm Memorial Hall
 Elsenham Farmers Market last **Saturday** of month 12.30 - 2.30pm Village Hall

September 2024 diary

Mon 2	Parish Council Meeting	Memorial Hall 7.45pm
Tues 3	Henham & District Garden Soc.	Memorial Hall 2 for 2.30pm
Tues 3 & 17	Elsenham Community Choir	Village Hall 7pm
Mon 9	District Councillors' Surgery	OSCA's, Crow Street Henham CM22 6AH 6pm
Mon 9	Natter Night	The Crown 7.30pm
Tues 10 & 24	Life Drawing	Village Hall 7.30pm
Weds 11	History Society	Memorial Hall 7.45 for 8pm
Thurs 12	ECA Meeting	Memorial Hall 7.45pm
Fri 13 & 27	Church Lunch Club	Memorial Hall 12.30pm
Sat 14	Bingo	Bowls & Social Club 7.30 for 8pm
Thurs 19	WI	Memorial Hall 7.45pm
Mon 23	Elsenham Eagles	The Crown 7.30pm
Fri 27	MacMillan Coffee Morning	Bowls/Social Club 9.30-11.30am
Sat 28	Elsenham Farmers Market	Village Hall 12.30 - 2.30pm
Sat 28	Dean Ferris - Singer	Bowls & Social Club 7.30pm
Sun 29	Art & Craft Exhibition/Sale	Memorial Hall 10am - 4.30pm



Mobile Library
Every third Thursday stopping at Glebe End

11.50 am to 12.20 pm

Next visit: 12 September

Elsenham Village Regular Weekly Activities

Day	Time	Activity	Location
Monday	9.30-10.30am	Zumba	Memorial Hall
	10.30-11.30am	Health walk	Start at De Mandeville Green
	4-4.30pm	Rascals (3-4yrs)	Memorial Hall (term time)
	4.30-5.30pm	Rascals (5-7yrs)	Memorial Hall (term time)
	5.30-7pm	Rascals (8-12yrs)	Memorial Hall (term time)
	7-7.45pm	Pilates	Elsenham Village Hall
	7.30-8.30pm	Shape to the beat	Memorial Hall (not 1st Monday)
Tuesday	9.30-10.15am	Touchpoint Food Share	Bowls & Social Club
	9.30-11.30am	Village Café Coffee	Memorial Hall
	4.45-5.45pm	Rainbows	Memorial Hall (term-time)
	4.45-5.45pm	Beavers	Ugley Village Hall (term-time)
	6-7.15pm	Cubs (Wolf Pack)	Ugley Village Hall (term-time)
	6-7.30pm	Brownies	Memorial Hall (term-time)
	7.30-10.30pm	Tennis Club night	Tennis Courts
	8pm	Fitness Yoga/Pilates	Memorial Hall
Wednesday	9.45-11.30am	Tots & Toddlers	Memorial Hall (term-time)
	5.30-7.30pm	Slimming World	Memorial Hall
	7-9pm	Scouts	Ugley Village Hall (term-time)
	7.30pm	Aerobics	Elsenham Village Hall
Thursday	6-7.15pm	Cubs (Bear Pack)	Ugley Village Hall (term-time)
	6.45-7.45pm	Jump Fit	Elsenham Village Hall
Friday	10-11am	Little Fishes	Memorial Hall (term-time)
	12.30-4.30pm	Coffee Bar at the park	Playing Field Car Park
Saturday	8.15am-1pm	Tarte au Citroen	Playing Field
	9-11am	Dance Scene	Memorial Hall
	9am-12pm	Youth boys & girls football	Playing Field
	8.45-9.30am	Little Kickers Mighty	Village Hall (term time)
	9.35-10.20am	Little Kickers Junior	Village Hall (term time)

CALLING ALL ARTISTS & CRAFTERS

in Elsenham, Henham and Ugley



ART & CRAFT EXHIBITION at Elsenham Memorial Hall

We are inviting artists and crafters from Elsenham, Henham and Ugley to take part in an exhibition. Art and craft must be original.

What do I need to do

Open to all from novices to accomplished artists and crafters.

Pitches available are 6 foot tables £12 and 9 foot tables £18 and are the responsibility of the artist to stage and dismantle.

The artist keeps all proceeds from their sales.

If you are interested in having a pitch please email
elsenhamartcraft@gmail.com

or call Elaine Atchison 01279 813755 for more information.

When and where

On Sunday 29th September 2024

In the Memorial Hall, Elsenham.

The exhibition is free and open to the public from 10am to 4:30pm.

It should be a great day, so please come and join us

Refreshments will be available.

Elsenham Art & Craft Exhibition cannot take any liabilities for work displayed.

THE NEWS REPORT

From The Editors



It is always a pleasure putting Elsenham News together each month, but sometimes it is more enjoyable than others.

This month has been made more enjoyable by having the chance to talk with Jennifer Jarvis who, after 37 years, is standing down as Brownie Leader. Such exceptional service is very rare. We are fortunate in Elsenham to have people like Jennifer, who are willing to give of their time freely to make the lives of others better and more enjoyable. Thank you Jennifer.

Perhaps this might inspire you to start helping out within the community where you live. There are many organisations and clubs within the village who could do with more help. We hope this inspires you.

It's a good time to thank our regular contributors and advertisers once again. Without them this publication would not survive and their efforts are much appreciated. Sadly one or two long standing contributors are leaving us and we hope you might have an idea and would like to contribute on a regular basis. If so, just drop us an email and let's get talking.

Also, if you have other ideas for this publication then please do not hesitate to contact us.

Have an enjoyable September and we hope you enjoy this month's edition of Elsenham News.

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ELSENHAM PARISH COUNCIL

By Louise Johnson, Clerk. ✉ louise.epc@gmail.com ☎ 07456 791727



Within Uttlesford District Council's Local Plan Regulation 18, it had stated explicitly that there would be no more housing allocations to Elsenham, because the village has already had over 1,500 new houses. Yet in Regulation 19 there is a proposal for 110 dwellings, plus educational provision, close to the Elsenham parish boundary. Elsenham Parish Council held a meeting with Uttlesford District Council to ask why the additional 110 houses had been added. We were told the additional development at Elsenham was identified to help enable the provision of a primary school and an early years' facility. Bloor Homes could build another 110 houses if they provided land for a primary school. We pointed out there was already provisions for a primary school on Bloor Homes phase 1 development, and further provisions on the Vistry development on Hall Road. Essex County Council do not seem in any hurry to utilise either of these provisions. Elsenham Parish Council will continue to object to any more houses.

The traffic feasibility study taken by Essex Highways on Grove Hill has now been published. It shows the proposed changes to direct large vehicles, over the weight restriction, away from Grove Hill and through Takeley is not feasible. Going up Grove Hill, where there is a weight limit, the study shows 1.5% of the traffic flow was over that limit, while going down Grove Hill where there is no weight limit, the study shown 2.5% of the traffic flow, the study therefore showed the weight restrictions are working. The 1.5% going up could be the buses and authorised local delivery vehicles. The other issue is that Takeley already has too many large vehicles going through their village.

The Parish Council received 39 tenders from architects to design the new community centre. The appraisers now must assess each one. A meeting is arranged for September 7 to whittle down the 39 to a short list of four or five, who will then be interviewed.

Essex County Council provide financial support to approximately 15% of local Bus Services within Essex. The remaining 85% are run by bus operators at a profit. Following recent tender negotiations some services have been withdrawn or revised and others have different operators. There have been no changes to the 7 & 7A Bus services which operate within Elsenham, hopefully this means there will be no changes for the foreseeable future.

A resident complained about the water pressure in the village. There are times during the day when they do not have enough water to shower or flush their toilet. The resident had contacted Affinity Water many times, but the company said that nobody else had complained, so are doing nothing about it. If other residents are having similar problems, they may want to also contact the water company. If Affinity Water know it is a general problem and not an isolated issue, they may start to help improve the water pressure.

The next Parish Council meeting is on Monday September 2, starting at 7.45pm in the Memorial Hall.



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DISTRICT COUNCILLORS' REPORT

By Cllr Lees and Cllr Donald

✉ Cllrdonald@uttlesford.gov.uk

☎ 07836 346717

✉ Cllrlees@uttlesford.gov.uk

☎ 07713 074656



We are writing this just as the Paris 2024 Olympic Games draws to a close. We have been entertained by top tier athletes, from near and far, we have shared their triumphs and tears, their talent and dedication have made their nations proud. Our little corner of the world has again brought home a gold medal, so thank you Ben Maher again for your hard work and dedication, Elsenham is immensely proud.

Thinking back to London 2012 and the success of the UK games reminds us that these mega events do not happen without an army of hardworking volunteers who behind the scenes ensure the smooth running of events. The 'Games-makers' were the first to say that they got out, as much as they put in and that volunteering was a hugely rewarding experience. We do not have to wait another four years for opportunities to support your community and feel for yourself the rewards of volunteering your time and expertise, there is a dedicated page to volunteering opportunities all over the district on the UDC website. Just search volunteering on the website.

Through volunteering you can:

- find out what's involved in a job to see if it's for you
- try out different career ideas
- learn new skills or build on the ones you already have
- meet new people
- develop your network of contacts
- give something back to your local community

Available in Uttlesford we have:

- Young carers support
- Action for family carers
- Buffy Bus
- Home Start
- St Clare's Hospice
- Touchpoint Community food share
- Information for low-cost activities
- Support for sight
- Walking clubs

These are a small flavour of the resources that are available for our community.

Our next District Councillors' surgery will be held in Henham at OSCAs on September 9 between 6:00 – 7:00 Please drop in if you would like a chat, but remember that we are always available if you need us.

We still have money in our ward initiative so please contact us to help us spend it.
September 2024



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Get energy smart and save!

People often think more about their energy bills in winter when it's cold outside. But even though average annual energy bills fell by 7% on 1 July for those on standard price-capped tariffs, they remain about £400 higher than they were three years ago. From October it's predicted the Price Cap will rise by 10% and then remain at roughly this level until it's due to change again in January 2025.



So, now is a great time to think about ways to save energy; you'll be kinder to the environment and have more money in your pocket too! Thanks to funding from Cadent, UK Power Network and the Energy Redress Scheme, we have an experienced team of specialists who can help you with this - they may even be able to visit you in your own home. Our advice is always free, confidential and impartial, so why not give us a call today to find out more.

Contact the team on 01799 618858 or by email:

warmhomes@uttlesfordca.org.uk

Uttlesford Citizens Advice
Barnards Yard, Saffron Walden,
CB11 4EB

01799 618858
warmhomes@uttlesfordca.org.uk
www.uttlesfordca.org.uk

DEVELOPMENT DEVELOPMENTS

By *Graham Mott* ☎ 812516 ✉ motts@grahammott.plus.com



The Regulation ('Reg') 19 Local Plan consultation has now been published, and runs until 3 October. The headline is that, despite assurances in Reg 18, a further 110 homes are proposed, together with educational provision, adjacent to the approved site for 200 (Bloor 'Phase 2'), itself adjacent to 350 under construction off Henham Road (Bloor 'Phase 1', with the curious name 'Elsenham Park').

It has been claimed that the development is justified because it will mean new early year's provision, which the village badly needs. But two sites have already been allocated. The first is very handily placed immediately to the south of Elsenham primary school. The other is on the Bloor Phase 1 site. There is no explanation as to why Essex CC has not taken up the option on either of these sites. There have been repeated earnest assurances that the Local Plan proposals are 'evidence-led'. UDC has been asked for the evidence justifying yet more educational provision, and a response is still awaited.

It's proposed that there should be 110 houses next to the new educational facility. They are not needed in order to 'top up' the numbers and thus make a new school viable. UDC has been candid in saying that the extra allocation is a 'quid pro quo' to the developer in return for making the educational land available, since the alternative would be compulsory purchase. In other words, the developer decides the terms on which the infrastructure shall be provided, and the need for the infrastructure has not been given.

Then there's the question of another shop. Elsenham is shockingly under-provided considering its burgeoning size. UDC are reportedly sympathetic - but nothing is included. Presumably if it is forthcoming at some future time, it will be on the basis of another 'quid pro quo' whereby the nod is given to the developer for yet more houses in return for making land available.

The proposed 110 houses are on the Henham side of the parish boundary. But Henham PC has been told that they won't count towards their allocation, since UDC will in future appraise by 'settlement' rather than by 'parish', and the area is reckoned to be in Elsenham settlement. This change was suggested by about five parishes in the Reg 18 responses, responding to a question which wasn't asked, and UDC readily agreed, without bothering to consult the other 45 or so parishes, or highlighting it amongst the many hundreds of pages which inevitably received no detailed consideration through UDC's various committees, or making it explicit in the Reg 19 proposals. There's nothing to show where the settlement boundary is considered to lie - if you want to know, you have to ask Uttlesford. It's a rum old way of introducing a radical new policy.

New to Reg 19 is the combining of Elsenham with Stansted as a new Area, in order to demonstrate the innovations in infrastructure - but close examination shows that the improvements, such as they are, are in Stansted rather than Elsenham.

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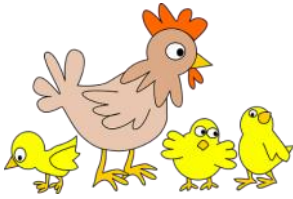
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Samantha Allison
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Daisy May's Farm

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We also have our fabulous **woodland campsite**. You can stay in the woodland area to get back in touch with nature or stay in our camper/caravan paddock where there is lots of space and lovely scenery. All these options include entry to the farm, where you can meet our lovely animals and all their babies. What a fabulous holiday, all for just £25 a night and on your doorstep! Please book through our website, thank you.



The holidays might be coming to an end, but the fun doesn't have to! There really is so much to see and do at the farm and our animals just love seeing you all, so do be sure to come and see us.

We **always** need help in so many ways, particularly when there is **so** much to do. So if you have a little time to spare, **please** get in touch, we would **love** to hear from you. Please contact ☎ 07747 787973 or take a look at our website 🌐 www.daisymaysfarm.org to find out more.

Thank you so much.

Jocelyn Donoghue
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ELSENHAM VILLAGE HISTORY SOCIETY

By Mike Rea, Secretary ☎ 813634 ✉ evhs12@hotmail.co.uk
🌐 www.elsenhams-history.co.uk



Visiting the surgery in July, I was struck by the snazzy new sign announcing that this was now the Elsenham branch of the Peacock Surgery. Prior to this, since it was built in 1989, it had been known as the Daisy Surgery as stated on the stone cartouche to the right of the main doors. But why the Daisy?

Daisy was Daisy Saunders, the daughter of Harry Saunders, the local baker whose premises were in Robin Hood Road down a short drive opposite today's Saunders Close. There is still a property there called "The Old Bakery". Daisy had a sister Ivy and when the Saunders family left Elsenham around 1945, Ivy moved to Sunderland and Daisy moved to Clacton. Later on, Daisy married Edward Oliver Robinson of the Elsenham Builders family. A Miss Waterman lived in "Hollydene" in Station Road, and she bequeathed the property and the adjacent plot of land to Edward Robinson (known to some as Ted). It was upon this plot of land that the Daisy now stands. Edward Robinson made the land available to build the surgery and stipulated that it should be known as "The Daisy" in memory of his wife.

Thanks go to Gordon Barker, the Robinson family and Chris Bush for the above information.

The first doctor to practise in the village was Dr Emil Leigh who set up a surgery at Crossways on Station Road whilst maintaining another surgery in Church Street Bishop's Stortford. He worked in a very traditional manner seeing all patients personally making him a very busy man although the then population was very small compared to now. He employed no nurses or receptionists at either surgery but still found time to act as anaesthetist for a Mr Catchpole, a dentist in 'Stortford'. Both Doctor and Mrs Leigh showed great generosity to Elsenham when resident, donating part of their extensive garden to provide the pedestrian access to the playing field. It is difficult to imagine just how extensive their grounds were, another property was erected on Mrs Leigh's large lawn, once home to the village fete.

Our next meeting will be held on Wednesday 11th September at 8pm in the Memorial Hall when our speaker will be Alex Froggatt from Sworders Auction House. He is a specialist in glass and his talk will be based around Antique Glass, discussing what interests collectors and why. He will talk about 18th century drinking habits and introduce the glass making centres of the period. This talk is a little different from our normal presentations but should prove to be an interesting evening nonetheless. Please do come along and see for yourself what we are doing. You will be very welcome.

Visitors are always welcome at our meetings for a very modest two pounds but even better, membership costs just five pounds for a full year's meetings.



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At last, summer comes to Elsenham!

Just in time for our annual Posh Frocks and Hats Garden Party. Over 50 members and guests had a lovely afternoon in Penny Lee's beautiful garden and the weather was perfect. We enjoyed great food, marvellous company and a summer-themed raffle.

The festivities didn't stop there, as our meeting in August is a summer party when we invited representatives of nearby WIs to join us. This year's party had a 40s theme with some Summertime Swing from singer Lorraine Carter and music from the Big Band Era to tie in with D-Day 80 years on.

Over the last couple of years our gold post box has been adorned with many 'toppers', celebrating and commemorating many different aspects of British and international life and events. Often our WI is mistakenly credited for these crafted wonders. So who does make these fabulous creations?



Our secretary, Gill Hathaway, is responsible for them all and she surprises us by sneaking out at dead of night to install them. Her tribute to Olympian Ben Maher and his horse Dallas Vegas Batilly featured on BBC 'Look East' during an item they ran on Ben during the Olympics. Well done Gill (and Ben!).

Our September meeting is on Thursday 19 and is our Members Evening. Visitors are welcome but please contact us first to reserve a place.

Coming along to Elsenham WI is a really good way to meet friends, especially if you are new to Elsenham. While we are very proud to have a history of Jam and Jerusalem traditions, we are so much more than that and are always happy to dispel any stereotypes associated with the WI. Why not come along (or come back)?

Visitors and new members are always welcome and you can join at any time throughout the year.

Details of our programme, events and activities can be found on Facebook, X and Instagram – search for Elsenham WI. Visitors are welcome to our monthly meetings. We meet at 7.45pm on the third Thursday in the month in the Memorial Hall.

Elsenham WI – There's a lot going on!

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EXCITING NEWS!

We have some excellent news to share: We have been offered a piece of land by Elsenham Parish Council (EPC) to develop into a wildflower area.

The land in question is the current “sitting” area on Isabel Drive, opposite the children’s play area.

We hope to work in collaboration with EPC and the residents of Kingswood Place to turn this currently rather neglected-looking space into a peaceful community haven for humans and a thriving diverse habitat for vital pollinating insects.

David Attenborough says “Every space in Britain must be used to help wildlife”.

A staggering 97% of wildflower meadows have been lost in recent decades and since 1970 the abundance of insects has decreased by 50% (source: www.somersetwildlife.org “Insect declines and why they matter”).

The wildlife is not only valuable for its own sake; approximately three quarters of the crop types grown by humans require pollination by insects.

It is therefore imperative, if we are to have a sustainable future, that we try to replace these lost areas which support wildlife.

We are therefore delighted that EPC have given us the opportunity to work with them and with local residents to develop a community space which not only supports wildlife but is also a beautiful and restful community space for local people.

This project is very much in its infancy but we’ll keep you in touch with progress as it unfolds. If you would like to be involved please do come along to our next EAGLES meeting on Monday 23 September, 7.30 pm at The Crown, Elsenham. No long term commitment will be expected, we would just love to meet you and hear your ideas for this space.

GARDEN HINT *By Sue Johnson*

Plant bulbs in pots and borders for vibrant displays in spring



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Energy Efficiency Open Day to help Elsenham residents save Energy, Money and the Planet this Winter

Whether your concern is about high energy bills, having a cold and unhealthy home, or you want to do your bit to reduce global warming, information and advice is available to help you get ready for winter.

The Energy-Saving and Sustainability Open Day at St Theresa's Church Hall, on Saturday October 5 from 11am-4pm is free of charge to attend.

You will get straight-talking, myth-busting answers on how to slash your energy bills, by making your home energy efficient, and can learn how to make simple, cost-effective shifts to low carbon energy, including solar panels and heat pumps.

Local energy efficiency businesses will also be there, with exhibitors ranging from insulation specialists to air source heat pump and solar PV installers and more, giving a brilliant opportunity to get advice, from the experts on what you can do to your own home.

For those passionate about the local environment, climate action groups such as Elsenham Eagles and Sustainable Stansted will also be in attendance, to share how to get involved in local efforts to make Essex a sustainable, climate-friendly place.

Bob Burlton, from Sustainable Stansted says, "From LED to solar, from insulation to heat pumps, about recycling and biodiversity, we will be showing it all – this is a great opportunity for you to take the first steps to cutting your energy bills and making your home warmer and more comfortable, and to improve our local environment."

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Our volunteers collect food donated by local supermarkets and retailers that would otherwise go to waste, and distribute it free to the community

The Community Food Share is all about reducing food waste and is for everyone. We have fruit, vegetables, meat, baked items and more... and everything is absolutely FREE!

Where? Elsenham Bowls Club (off Leigh Drive)
When? Every Tuesday, 9.30am-10.30am

The produce has a short shelf life, so please only take what you will be able to use in the next few days.

If you would like to get involved and join our team of volunteers, please call 07572 114882 or email info@thetouchpoint.org

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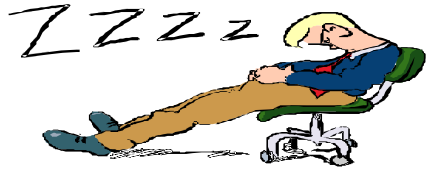


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Essex & Witches

Today, when we think of witches, we think about old hags & black cats. Four hundred years ago, Witchcraft was rife around the country, hundreds of women and a few men were to be executed.

This all began in North Berwick, Scotland in 1590 on All Hallows Night. A few women gathered within an old Church drinking and making merry. That same night King James of Scotland was returning by sea from Denmark. His ship caught in a storm was sunk, he was lucky to get out alive. Those women were blamed as witches for causing that storm and were summarily executed. King James was to produce a pamphlet which began the Witch trials across the entire country.

Things would change somewhat when the witch trials came to Essex, for change they did. In rural communities if your cattle died or your crop failed it was not uncommon to blame witchcraft. Indeed, pretty much anything that befell a person could be, and frequently was, blamed on witches.

There were more convicted witches in Essex than any other county. We had our own "Old Mother Redcap" a herbalist who lived in Pledgon Wood. In Stansted, to the rear of "The Dog and Duck" public house, we find a small road called "Galls End". Many believe this is a corruption from "Gallows End," It is believed that near there once stood gallows and we know what they were used for. Four witches came from Elsenham. The last was Deborah Naylor who was executed in 1650.

I do not believe in witches. BUT just to be on the safe side I have been told putting a line of salt across the door way keeps them out and garlic wards off vampires..... SWEET DREAMS

Ray
Franklin

Your bus service – use it or lose it! By Bus Co-ordinator Ray Franklin

What happens when you do not use it?

From Sunday July 28 significant changes have been made to the Essex County supported bus services. In total **10** bus services have totally withdrawn their services, and many have revised timetables. Thankfully, there are currently no changes at the moment to 7 and 7A buses which pass through our village. Please use the bus services or we will lose them!

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Jennifer Jarvis - A Community Thank You!

By Gary Williams

✉ elsenhamsnews@hotmail.co.uk

Many people volunteer to help with a local organisation or club from time to time. Some do it as a one off while others stick around for a couple of years. How many people do you know that give their all for 37 years!

Elsenhams should be thankful that Jennifer Jarvis made her home here and took on the role of Brownie Leader - a role she would hold for 27 years.

Ten years prior to taking up the reins at Elsenham, she had become involved with the Brownies in Newport, and also started the Brownies group in Clavering as well as moving to Bracknell and being involved there.

Speaking with Jennifer it is clear that her passion for working with the Brownies has been the joy she gets from seeing these young girls develop and bloom.

As well as being Brownie Leader for Elsenham, Jennifer also found the time to be a District Commissioner overseeing some 14 groups involving 300 or more girls. This is no desk job either. Jennifer was actively involved in making sure these groups ran smoothly as well as organising events at this level. Understandably, she was also a leadership mentor. Amazingly, she also found time to be chair of Elsenham Community Association for 6 years.

Jennifer must surely be a special type of person. Having decided to leave Brownies after so many years, she now runs Forget Me Not, the dementia café in Saffron Walden. She also helps out at the Dunmow dementia activity group.

Jennifer freely admits that she will miss the group after all these years, particularly on a Tuesday night when the Brownies meet.

In the Jarvis household volunteering must be in the blood. Her husband Paul was chairman of the Elsenham Football Club for 20 years and is also a Parish Councillor.

Over the period Jennifer has looked after Brownies in Elsenham, many things have changed and the administrative burden has taken its toll, hence her decision to call it a day. She has also seen the number of girls in Brownies remain high but the number of volunteers reduce. Elsenham Brownies is now one group rather than the original two but still looking after up to 30 young Brownies. This is because more help is needed. Are you ready to follow in her footsteps?

In charge now will be Sarah Tough, and we wish her all the best. She has some big shoes to fill!

Thank you Jennifer.



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Thought For The Month by *Louis Wilson*

As I write this, I was very sad to learn of the death of Graham Thorpe, a great cricketer who played 100 Tests for England between 1993 and 2005.

Those were pretty difficult years to follow the England team! But his obituary described him as a world-class left-handed batter in a struggling side and a key player in the upturn that followed.

A bit over 100 years before Thorpe made his test debut, there was no doubt about the most famous cricketer in Britain. It was Charles Thomas Studd – known always and forever as CT Studd: he was four times a Cambridge blue, Captain of Cambridge University, and played test cricket for England at the age of 21.

For two years running, he was the best all-round cricketer in the world: batting, bowling, fielding – he was outstanding in every department. At the same time, he was a serious Christian, but there was no doubt that he lived chiefly for cricket, not Christ.

But that changed in 1884, when he attended a meeting of a small charity called the China Inland Mission and heard about the vastness of the spiritual need in China. He had already begun to hear the call to whole-hearted and sacrificial service, and he knew that night that China was where Christ was calling him to serve.

It broke his mother's heart to see him go, but in February 1885, with 6 other Cambridge graduates, he sailed to China. He never played cricket again.

Before he left, he said: I want to

recommend to you tonight my Master. I have tried many ways of pleasure in my time; I have been running after the best master – and thank God, I have found him.

In 1887, he inherited £29,000 from his father – over £2 million in today's money - but immediately gave £20,000 away to four Christian missions.

He asked his wife to be: What shall we do with the rest? What did Jesus tell the rich young man to do? She replied. Sell all he had. Well, let's give it all away, she said, and start clear with the Lord at our wedding.

He spent the rest of his life as a pioneering missionary in China and Africa and died in 1931.

In Romans 12, verse 1, the apostle Paul says: *Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God —this is your true and proper worship.*

It is an urgent, grace-motivated call to sacrificial living. But you don't have to be a CT Studd to do this. Another famous missionary to China, Hudson Taylor once said: God's giants have been weak men who did great things for God because they reckoned on His being with them.

Sacrifice is not necessarily heroic and unattainable. It is often mundane and totally unglamorous. Sacrifice is simply a call to be wholehearted for God, but it always flows out of what God in Christ has first done for us: his grace and his mercy.

CHURCH EVENTS IN OUR VILLAGES SEPTEMBER 2024

Church Services

Sunday 1st September

10:15 Joint Service, Ugley Church

Sunday 8th September

10:15 All Together All Age Service,
Elsenham Village Hall

18:00 Sunday@6, HUSCH*, Henham

Sunday 15th September

08:45 Prayer Book Morning Prayer,
Elsenham Church

10:00 Prayer Book Holy Communion,
Ugley Church

10:15 Morning Service,
Elsenham Village Hall

18:00 Sunday@6, HUSCH*, Henham

Sunday 22nd September

08:45 Prayer Book Holy Communion,
Elsenham Church

10:00 Morning Service,
Ugley Church

10:15 Holy Communion,
Elsenham Village Hall

18:00 Sunday@6, HUSCH*, Henham

Sunday 29th September

08:45 Prayer Book Morning Prayer,
Elsenham Church

10:00 Morning Service, Ugley Church

10:15 Morning Service,
Elsenham Village Hall

18:00 Sunday@6 Communion,
HUSCH*, Henham

* HUSCH: Henham & Ugley School Hall

**Farming and Faith - Parsonage Farm,
Henham, Saturday September 7, 9.30am**

Come and enjoy a walk around the farm,
bacon rolls and a chat about farming and
faith. All welcome!

***There will be NO Sunday@6 Services
on September 1. Sunday@6 Services
resume on September 8 when Youth
Groups also resume.***

Other Regular Events

SUNDAYS:

**Elsenham & Henham Sunday Club/
Explorers (Reception-Y5)**

**Starts at EVH then onto
Old Frank's, Elsenham, 10.15am**

Sundays: 15th, 22nd & 29th

Pathfinders (Y6-Y9)

**HUSCH*, Henham 6.00pm - leave
from service to meet in the Church
Hall, Henham. Sundays: 8th, 15th, 22nd
& 29th**

Crammin' (Y10-Y13)

**HUSCH*, Henham 6.00pm - leave
from service to meet at OSCA,**

Henham. Sundays: 8th, 15th, 22nd & 29th

MID-WEEK AND SATURDAY:

Start the Week with Prayer

Church Hall, Henham 9.30am

Mondays: 2nd, 9th, 16th, 23rd & 30th

Seekers After School Bible Club

(Y3-Y4) Old Frank's 3.20pm

Mondays: 16th, 23rd & 30th

Christian Play (Y1-Y2)

Rowan House, Elsenham 3.15pm

Tuesdays: 17th, 24th & 30th

Little Fishes Pre-School Group

Church Hall, Henham 10.30am

Thursday: 12th, 19th & 26th

Little Fishes Pre-School Group

Elsenham Memorial Hall 10.00am

Fridays: 13th, 20th & 27th

Church Lunch Club

Elsenham Memorial Hall 12.30pm

Fridays: (2nd & 4th Friday of the month):
13th & 27th

Afternoon Tea

OSCA, Henham 2.00pm

Saturday: 21st

For information on all these events,
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Did you know that singing can help with self-esteem, build self-confidence, support social skill development, promote social inclusion, engage the emotions and most importantly, enable people of all ages to come together to meaningfully create something wonderful?

So why don't you try doing something wonderful? Come and join us the first and third Tuesday of every month at 7.00pm until 8.30pm in Elsenham Village Hall.

There are no auditions at our choir, just come along, sing and enjoy yourself! Everyone is welcome.

Please just turn up or find us on our Elsenham Community Choir Facebook page or call ☎ 07962 586825.

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If you would like some help, or are confused about making a claim, you are not alone! Our friendly advisers are here to help. Call ☎ 01799 618840 or email ✉ help@uttlesfordca.org.uk.

Alternatively, pop into our office in Saffron Walden, or come and see us at the Library in Dunmow, Stansted and Thaxted or the Old Schoolhouse in Takeley. If we aren't there in person you can still speak to an adviser in confidence via our simple one-touch video link.

You can also get support and advice at the Social Outreach Service at Saffron Walden Community Link on the last Thursday of each month, 10am - 2pm

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NATURAL OUTLOOK

By Heather Salvidge ☞ 814153



Three years ago, in August we had a heatwave of 5 days; the first day gave our parked car a temperature of 33 degrees C and even the wasps were thirsty! The day after it ended, storms started, heavy long-lasting downpours with thunder and lightning. The next was storm Francis in late August and then another awful downpour late in September with more rain and gale force winds for two days. In 2021 it was different – better days for the official start to Autumn, just the odd thunder storm. In 2022 we had a lot of heavy showers for starters, one gave us a spectacular rainbow stretching from Elsenham Vale to New Road and then some cold, strong winds. Last year was different again, more morning mists leading to the hottest day for the year so far! This was complicated by Saharan dust for a day or two and then some cold north winds and being very wet. I'll leave you to guess what climate change might do for us this year!

The mild winter and the wet start to the year seemed to have started early breeding for some birds; e.g. starlings were out of their nests about three weeks earlier than I expected, arriving with the adults, on 24th May, being fed initially then becoming independent sooner. For the first time we seem to have had rooks, jackdaws and magpies breeding much closer. So, when their broods had fledged from early May they descended first of all to our front garden and ate most of the bird food put out for the 'usuals', sparrows, dunnocks, blackbirds etc. I stopped the fat balls so the young corvids and their adults went to the back garden and fed there where some of the feeding tubes let them. Eventually I managed to get them to spend more time in the fields and leave the usual birds, including the greater spotted woodpeckers, to enjoy their preferred foods. Last year when we went to Cavenham Heath to see the stone curlews, the 'Marty Feldman look-a-likes of the bird world', before they took off to winter in warmer climes - we only saw one and this was because two kind birdwatchers showed us on their binoculars where one was sitting crouched in the heather. This year we'll go earlier.

The up and downs of the weather so far i.e. including the cold start to June, rain in the first half of July and then, at last, some much warmer spells, has led to an absence of butterflies because the patches of poor weather have killed off some of the overwintering ones as well as eggs and caterpillars, a great shame. Last year we did have 14 different species in July, 10 in August and 5 and a moth in September. This year there were 11 species in July but were few in number of each e.g. 1 comma, and just 2 ringlets; large whites were about and stayed, two small purple and gold moths and 1 white plume moth, a red admiral and 2 or 3 meadow browns but a sudden almost explosion of gatekeepers which were about in July and August might last into September yet! But will they return next year? Plants, however, have tended to cope with the changing climate and not many succumb to the winter weather.

I now wait to see which birds have gone and which will come to spend the winter here!

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ELSENHAM FLOWER SHOW SOCIETY

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✉ lynda.jolly@btinternet.com



I'm writing this before the Annual Flower Show happens so I have my fingers and toes crossed that we will still be having the lovely sunny weather. But whatever the weather I am sure the show will be a great success.

I will say now, a big Thank You to all the people that helped with organising the show and the Sponsors for their generous prizes. Thank you also to all the competitors who exhibited their prize vegetables and flowers and all the bakers and knitters, the photographers and jam makers and lastly the flower arrangers with their lovely displays.

Full details of the Trophy winners will be in next month's magazine.

ELSENHAM PARISH COUNCIL

By Louise Johnson, Clerk. ✉ louise.epc@gmail.com ☎ 07456 791727



Community Centre Communication



The Parish Council went out to tender for architectural services for the new Community Centre. Members of a dedicated team of parish appraisers are making their way through all 39 submissions received.

The area reserved for the new Centre is between Southfield Close and the playing field. A key decision is the best orientation of the new building, having regard for the convenience of adjoining residents, the passage of the sun, ready access onto the playing field and the potential approach from both Southfield Close and Isabel Drive.

ARTS AND CRAFTS EXHIBITION

Sunday September 29, Elsenham Memorial Hall, 10am to 4.30pm. Free entry.

Do come and enjoy our exhibition of arts and crafts, including original artwork (both framed and unframed), original greetings cards, handmade gifts and handicrafts of all kinds. We will be serving refreshments of tea, coffee and homemade cakes, both inside and outside on the patio if the weather permits. Come and enjoy the company as well as the many art and craft items on show.

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Festival and Garden Group Delight in Perfect Weather

In a year marked by unpredictable weather, the first u3a Festival at The University of York was blessed with sunshine and the hottest day of the year so far, providing the perfect backdrop for a variety of activities. Held over three days in July, the festival featured more than 80 events, showcasing the best of the u3a community. Organised and enjoyed by nearly 1,000 members, the festival highlighted the vibrant spirit and enthusiasm of u3a participants. With the success of this inaugural event, hopes are high for it to become a regular fixture in the u3a calendar.

Meanwhile, the Garden Group enjoyed another beautiful day with a visit to the garden of Thorley u3a members Anne and David Willett in Little Hadham. Known for its exquisite design and planting by Anne, the garden features charming borders, a tranquil water feature, and strategically placed focal points that guide visitors through the garden and into a small, well-tended woodland area. In keeping with tradition, Anne and David hosted the group with tea, coffee, and homemade cake on the lawn, adding a delightful social element to the garden tour.

Looking ahead, we are looking forward to welcoming Jason Middleton as the speaker for the General Meeting on 19th September. A professional gemologist, Mr Middleton will share his passion for jewellery, tracing its role from ancient civilisations to modern times. Attendees will have the opportunity to handle items and purchase a selection if desired.

New members are always welcome to explore any class before committing. For more information about the variety of activities available, visit the website at u3asites.org.uk/stansted or ☎ 07874 385541.

As the u3a continues to grow and thrive, these events underscore our dedication to lifelong learning and social engagement, making it a cherished part of many members' lives.

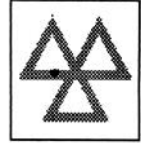
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Aubrey Buxton Nature Reserve

By John Welham, Warden

✉ communications@essexwt.org.uk

🌐 www.essexwt.org.uk



Essex
Wildlife Trust

Summer is a quieter time for the volunteer group as we leave nature to its own devices before we start again in autumn with the cutting of the meadows. However, one job that we do undertake is control of the himalayan balsam. This plant can grow to over head height and is able to tolerate low light levels allowing it to grow in the more shaded and less accessible areas of the reserve. It produces pink flowers that add a splash of colour and are a good source of nectar for insects such as bees that can penetrate the helmet shaped flowers. The problem with the himalayan balsam is that it grows quickly and shades out other, native species. Each plant can produce up to 800 seeds and has the amazing ability to shoot these seeds up to 7 metres. If left unchecked it would dominate significant areas of the reserve.

As we don't use chemical or biological controls in the reserve the only solution is to pull up each plant before it sets seed. In this way we are gradually reducing the numbers of this plant in the reserve even if a lack of control on neighboring properties means that we are unlikely to ever completely eradicate this plant. I must thank the volunteers who turn out every year to help get this done.

Now that the woods are quieter it is a good time to appreciate the meadow areas, which on a sunny afternoon are busy with bees, butterflies, dragonflies and other insects.

Afternoon Tea for Breast Cancer Now - Thank You

I would like to thank everyone that came along and supported our afternoon tea, those who baked, gave raffle and tombola prizes, guessed the name of the bear, weight of the cake, and had a go at the pot of gold for a cash prize.

The wonderful ladies in the kitchen keeping us supplied with tea and coffee, the lovely ladies serving delicious cakes, but most of all, the people of the village for giving us their support.

A special mention to Amelia Rose, Gong Baths, Options, The Post Office, Golf World Stansted, Chris Mowbury, Planteria, The Hypno Hut and Tesco Express who donated wonderful raffle prizes. And last but not least, Chris, Allan and Doug, for all their help setting up and clearing up, thank you. To date we have raised £730.35p.

Heartfelt thanks to you all

Barbara Pether.

On behalf of Elsenham WI and The Village Coffee Morning

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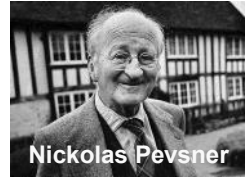
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THE HUNDRED PARISHES SOCIETY

By Ken McDonald, Secretary www.hundredparishes.org.uk



The Hundred Parishes has an exceptional depth of ancient buildings. More than 6,000 are “listed”, meaning that they appear on the National Heritage List for England. Each property listing includes a description and many of these descriptions take their text from the guidebooks produced by one exceptional man, Nikolaus Pevsner.



Pevsner, an architectural historian, was born in 1902 in Leipzig, Germany, the son of a Russian-Jewish fur merchant. In 1933 he moved to England and settled in Hampshire. Following the outbreak of World War II, he was taken to an internment camp but was released three months later.

Work on his series of architectural guidebooks, *The Buildings of England*, began in 1945. The edition covering the whole of Hertfordshire was published in 1953; Essex and Cambridgeshire followed in 1954.



Manuden

Most of the ancient architecture in *The Hundred Parishes* is mentioned by Pevsner in these three editions, either in general terms or in great detail. One example in Essex is Manuden, which he describes as follows: “Manuden has a specially pretty, short village street with timber framed cottages with oversailing upper floors near the church and a small assortment of

Georgian houses a little further west”.

In Cambridgeshire, he described the Norman interior of Ickleton’s parish church as having few equals in the country.



Ickleton

In Hertfordshire, the 17th-century almshouses in Buntingford were described by Pevsner as “the stateliest almshouses in the county”.



Buntingford

Nikolaus Pevsner was granted British citizenship in 1946, appointed CBE in 1953 and knighted in 1969 “for services to art and architecture”. In total, he was responsible for 46 county-wide guides. He died in Hampstead, London in 1983.

The website www.hundredparishes.org.uk has more than a hundred walk routes that can be freely downloaded. The route descriptions draw attention to some of the listed buildings that are passed.

The Hundred Parishes is 450 square miles of northwest Essex, northeast Hertfordshire and southern Cambridgeshire that is largely unspoilt and is richly endowed with many fine examples of agricultural and built heritage. The area has shared a common history which shaped and preserved its distinctive landscape of small and medium-sized farms linked by winding lanes and ancient rights of way to hamlets, villages and then to small market towns. For more information visit www.hundredparishes.org.uk.



DANCE SCENE

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NEWPORT & DISTRICT FLOWER CLUB

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Our cream tea with demonstration in August was a huge success; members and visitors had a wonderful afternoon.

Our next club meeting will be on September 18 with a demonstration by Barbara Collins. Her title is 'Shades of Autumn'. Barbara is an amazing demonstrator, so we know this will be an outstanding, fun evening. Barbara's arrangements are raffled at the end of the evening. Please do come along and bring a friend with you.

We meet on the third Wednesday of the month (except January, August and December), 7pm at Ugley Village Hall, Cambridge Road, CM22 6HR. Visitors are always very welcome. Enquires to ✉ flowersanzp2020@gmail.com

Visitors are always very welcome.

From The Parish Registers

Burial of Ashes:

On Wednesday 27 June in Henham Churchyard, Nora Cecily Price and Frank Price.

Funeral:

A Service of Thanksgiving at Elsenham Church on June 20 , Terence Edmund aged 92 years, formerly of Maytree Gardens, Elsenham.

Church Contact Telephone Numbers, E-Mail and Web-Site Addresses

Vicar	01279 850480 louis.wilson@heuchurch.co.uk	Rev. Louis Wilson
Church Office	01279 814285	Anna Hicks
Church e-mail	office@heuchurch.co.uk	
Church web-site	www.heuchurch.co.uk	

Enquiries about thanksgivings, baptisms, weddings and funerals should be made in the first instance to Anna Hicks at the Church Office ☎ 01279 814285.



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ELSENHAM BOWLS AND SOCIAL CLUB

By Trevor Hackett



By the time you get to read this our Finals Weekend will have completed, and we will know who the competition champions are for this year which means that our short bowling season is nearly over. The green will be closed on September 22 and re-open next April.

Last month we hosted the Dennyside Bowling Association to raise funds for the Essex & Herts Air Ambulance (EHAA). I would like to thank Jo Dellow of Daniel Robinson & Sons for the donation of raffle prizes, a 12-year-old bottle of scotch and a cheque for £50 payable to the Air Ambulance. We ran a Dutch auction for the whisky raising the sum of £180. Total raised during the afternoon came to £2,250. I went to their hangar at North Weald aerodrome, where I was joined by two members of the Dennyside team, to present the cheque to Jess Clarkson fund raising co-ordinator for the EHAA.

Ali Rose sang songs from the 60s onwards on July 20 including Dusty Springfield and many others. She proved to be a great entertainer, and everyone enjoyed the night. Our next artist will be Dean Ferris on September 28 who will be doing music from the 60s to the current day. Tickets on sale shortly from the bar or from Trevor Hackett on 07445 437437 at still just £6 each including nibbles.

The Bingo Bonus of £130 was shared by two winners at the last bingo night of July 27. Our next Saturday night Bingo session is on September 14. Eyes down at 8 pm. From October onwards it will be back to twice a month.

Our next quiz night will be on October 5. Tables of 8 at just £6 per person/brain. Light supper included. To book your table call Trevor on 07445 437437

Our Crib Leagues commence in mid-September and run through to March.

Also, in September our Wednesday night Darts League comes to an end to be replaced by a Super Team League on Monday evenings.

The highlights of the Calendar for September are:

1st Finals Weekend
28th Music Night – Dean Ferris

We also have home matches on September 14 and 22. Come and watch the bowling on either of these dates and enjoy a refreshing drink while you sit in the sunshine.

If you wish to join as a Social or Bowling member, then either call in at the bar from 7pm weekdays or contact the Secretary Therese Clear on 07759 158859.

I hope to see you in the club house.



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The Hair Loss Clinic

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www.hairlosslaserclinic.co.uk

The Hair Loss Clinic is a company set up to provide information, advice, support and above all solutions for people experiencing hair loss. Not only do we provide realistic and workable solutions to those suffering from hair loss but we are also specialists in after and on-going care for hair loss, giving you the very best support. We can help you through your journey from hair loss through to aftercare if your hair grows back. We provide a personalised service and will recommend the course of treatment or other solutions most appropriate to you.

We provide information, support and advice about your hair loss and identify the factors you will need to consider when choosing which solution is suitable for you.

We provide guidance on cutting and styling of your wig or integration piece and advice on what to do when your hair starts growing back.

Monthly Trichologist clinics are held with Eva Proudman, MIT IAT. Eva is widely known both in the UK and Internationally for her work with hair loss. She has appeared on TV many times and supports many major hair companies with her research into hair loss. All consultations are private and last for between 45 minutes and 1 hour; during this time all relevant areas of health, diet, lifestyle, family history, hair care regime will be discussed along with an in depth examination, including the use of a specialist scalp camera to arrive at a diagnosis and treatment plan.

Whatever the cause of your hair loss or the extent of the hair loss, we are here to help you.

WHY WE DO IT

Having a coffee morning is the perfect chance to catch up over a cuppa and a slice of something delicious, for a great cause.

One in two of us will face cancer, and the money we raise at our coffee mornings will help us to make sure no one has to face it alone.

£27 raised by us can pay for a Macmillan nurse to spend an hour with someone who has just been told they have cancer.....

The money raised will help fund the valuable Macmillan services and professionals who ensure no one with cancer has to face the fight alone.

Please join us on our big day (**Friday September 27 from 9.30 to 11.30am**) at the Elsenham Bowls Club, by the playing field, CM22 6BY.

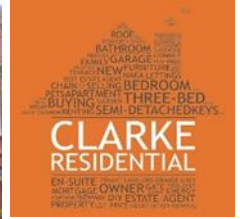
Please help support us in any way you can, either by joining us on the day, or by baking a cake, donating tombola prizes or making a financial donation. It will all help to make a difference to the Macmillan Cancer Support Charity, but whatever you do, **PLEASE DON'T FORGET.**

Please contact Elaine ☎ 07962 586825 or email me on elaine.terry2011@btinternet.com and let me know how you can help.



THANK YOU

THINKING OF SELLING OR RENTING YOUR PROPERTY?



May we take the opportunity of introducing ourselves to the residents of Elsenham and surrounding villages as two down to earth, experienced independent estate agents who offer a friendly honest service!

Both previously working as Branch Managers for Churchill Estates in East London, we have been working independently for almost ten years, Clarke Residential as the selling part of the business and Dardis Estates on the rental side. As working Mums we joined forces and have had lots of local success in our respective areas. With Nicola living in Elsenham for 18 years and Jacqui in Brentwood and Nazeing over the last decade, we are now focusing on expanding into more local areas and want to bring something different to our home towns. Many of our clients move from London to Essex and Hertfordshire so it has made perfect sense to expand the business into our own areas.

We are very different from other agents but offer exactly the same coverage using Rightmove, On The Market and our own website. We are quite the “one stop shop” and between us we list, market, and run the sales from start to finish. From the day we first visit on the valuation to the day we hand over the keys we are with you every step of the way.

We are always available to advise, chase, negotiate and even offer a shoulder to cry on when things get fraught! We have many contacts in the business from removals to mortgage advisors and great conveyancers you can actually speak to who offer competitive fees, all highly recommended personally by ourselves too so we can help in all aspects of your move. We are always at the end of the phone for you!

There is certainly a gap in the market for a good old fashioned honest agent with down to earth advice and a proactive attitude. 90% of our sales result from recommendations. Over the years we have moved friends, neighbours, Mums, Dads, their children, and now grandchildren! Certainly makes us feel old!

Please call either Nicola on 07909 548028 or Jacqui on 07956 513238 to find out how we can help make your move a whole new experience!

COOKERY CORNER

By Sue Johnson ☎ 812704



This is a versatile and delicious supper dish that can easily be prepared early and will be ready for when you arrive home. It would be great served with jacket potatoes to mop up the juices.

SLOW COOKER CAMPFIRE STEW (serves 6)

1 large onion, sliced
3 cloves garlic, sliced
400g tin chopped tomatoes
2 x 415g tins baked beans
2 tablespoons tomato puree
2 teaspoons ground cumin
4 teaspoons sweet smoked paprika
½ teaspoon mild chilli powder
3 tablespoons Worcester sauce
600g gammon joint, fat layer cut off
2 green peppers, sliced

Put all the ingredients (except the peppers) into the slow cooker.

Cook on HIGH for 6 hours or LOW for 8 hours.

When the stew is cooked, microwave the peppers for 3-4 minutes until just soft.

Take the meat out of the slow cooker pot and shred. Add the green peppers to the bean sauce mixture. Stir everything well and serve.

CHEF'S RECOMMENDATIONS: If you don't have a slow cooker, cook casserole in the oven at 160°C/fan 140°C/gas mark 3 for about 2 hours or until the meat is soft and tender. You can add the peppers to the slow cooker ingredients about an hour before serving.



Can you believe that August was our **first anniversary** for our wonderful Farmers Market, and we are so proud of it. We started with six stalls and sometimes we have as many as 14, full of lovely produce for you to enjoy.

We have varied the produce over the year, and we are now regularly bringing you everything needed to make Farmers Market weekends a real foodie celebration. You can get fresh **fruit & vegetables**, all things **bread**, mouthwatering **cakes**, locally produced **meat, oils & conserves**, healthy natural **fruit juice** shots, **eggs**, **honey**, **savoury pastries**, **fish** and something **chocolatey** or **boozy** to finish off. Even the **dogs** are catered for with **homemade goodies**.

Our stall holders can vary from month to month and our cheese seller and game meat seller are having the summer off and will return in September. Their products can be seasonal, but the quality is always tip top and there is something for everyone; so, if you haven't been for a while, do pop by.

Not sure what you want? Why not come for fresh barista coffee and cake, and have a browse at the produce whilst enjoying your drink? Most of the produce is homemade, so not only do you get to treat yourself to these fantastic goodies once a month, you are also supporting local businesses and coming together with our fabulous community.

We are open from **12.30-2.30pm**
The Markets for the rest of the year are on the following Saturdays:-

SEPTEMBER 28,
OCTOBER 26,
and NOVEMBER 30 (for all things festive & more)

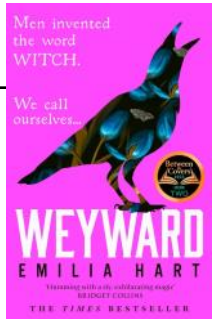
No charge for entry; just enjoy and immerse yourself in all the gorgeous produce.

We kick off 2025's Market on Saturday January 25.

Elsenham Farmers Market Team

WEYWARD by Emilia Hart

Reviewed by Marion Giles for Elsenham Book Group



*‘Three women, five centuries, one spellbinding story
In the present day, Kate flees a traumatic relationship to the
Cumbrian cottage she inherited from her great-aunt; but the
cottage hides secrets of its own.*

*In 1942, Violet rebels against her father’s ideas of a ‘proper
young lady’ . . . until he takes matters into his own hands.*

*In 1619, Altha is on trial for witchcraft, implicated in the
gruesome death of a local man.*

*Three women they tried to cage – but Weyward women belong to the wild. And
they cannot be tamed...’ So says the blurb on the back of the book.*

- **“An entertaining read.”** *The Times*

This was the choice of the book group last month. It is a fair point to make that the chooser this month was attracted to the cover.

The first story concerns Altha who has an understanding of the Weyward women’s gift - the ability to harness the power of nature for good. Altha was brought up by a mother who saw things turning against women (for example Pendle witch trials). Altha and her mother provide alternative herbal treatments to those made by doctors. Altha is on trial accused of witchcraft, after the death of a neighbour, the husband of a woman she knew.

Violet is a young girl who leads a very sheltered life. brought up by her father following her mother’s death, Violet is home schooled and her natural curiosity towards nature is curbed by her father’s control. Everything she loves goes against her father’s wishes. There is an incident with a family member that shapes the rest of her life. Her brother, Graham, is the only positive support.

Kate’s is the modern story. She doesn’t know anything about her ancestors. She is haunted by a childhood incident with her father and later as an adult finds herself in an abusive relationship. She inherits Violet’s cottage and flees to escape her partner. She finds peace and sanctuary in Violet’s cottage and gradually starts to learn about Altha and Violet and her family.

There is much male dominance and misogyny that unites the three women as nothing much changes through the centuries. The story is not told in a linear fashion but switches between the three stories—a good ploy to keep one reading. We agreed that Violet’s story was the most interesting; we didn’t learn anything new from Altha’s story and Kate’s was very predictable and things come together in a very convenient way.

We had a good discussion and no one disliked the easy to read book. However, we considered it significant that Emilia Hart is a graduate of Creative’s Three Month Online Novel Writing Course. You will have to make up your own mind.

Published by: The Borough Press

ISBN: 978-0008499129

Editorial Information

Articles

The **last day** for editors to receive articles, advertising and letters, which must contain the author's name and address (which may be withheld), is the 8th of each month.

Articles should ideally consist of a half page of A5 or a full page of A5. Articles over these sizes or letters containing more than 500 words may be edited depending on space.

Copy submitted after the 8th may not be accepted but will, if deemed appropriate, be held over to the next month. We are happy to receive hand written articles which ideally should reach us earlier than the 8th to allow for scanning etc.

Dates for the Diary must include date, event, venue and time.

Please submit all articles, adverts, letters and queries to the editorial team at:
elsenhamsnews@hotmail.co.uk

General Notes

Whilst every effort is made to ensure that information is correct, the editorial team cannot be held responsible for any inconvenience caused through errors or omissions.

The views expressed within this magazine are not necessarily the views of the editorial team or Elsenham Community Association (ECA).

The editors and the ECA can accept no responsibility for the goods or services advertised in the magazine. Advertisements are included in good faith. The editors reserve the right to allow replies to letters/articles to be made in the same edition when appropriate.

The editors' decision is final.

Wanted/For Sale items: individuals may submit short details of items wanted or for sale etc at no charge. These will be included in the next available issue of the magazine subject to space and acceptance by the editors.

Subscriptions

Elsenhams News is available by email (on a pdf) at no charge, or through the post at a cost of £13 per annum. Contact **elsenhamsnews@hotmail.co.uk**

Advertising

The costs are as follows:

	Single Insertion	Annual Cost (11 issues)
Half Page	£20.00	£190.00
Quarter Page	£10.00	£100.00
Inside Page	£50.00	n/a
Back Page	£75.00	n/a

Village organisations attract reduced rates, £5 for ¼ page. Half and full-page adverts attract full rates.

To place an advertisement:

If you have any queries, please email us. Please send your advert as Word or Publisher via email to:
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Advertising Editor: TBA

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Cheques should be made payable to "**Elsenhams Community Association**".

Editorial Team:
Gary Williams
Emma Bailey
Marion Giles
Patricia Davis
Anne White
Nyaradzo Chabata
Angie Wenlock
David Newland

Previous issues of Elsenham News are available on the ECA Website

www.ElsenhamsCommunityAssociation.org.uk

UPCOMING EVENTS

Quiz 5 October Bowls and Social Club
 Elsenham Christmas Market 23 November Golf World, Stansted

VILLAGE CONTACTS

Airport Roadside Parking		0800 731 2385
Beavers	1sthenhamandelsenham@gmail.com	
Bowls Club	Therese Clear	816535 or 07759 158859
Brownies	elsenhambrownies@gmail.com	
Church Office (Old Frank's, High St, Elsenham)	Anna Hicks	814285
County Councillor (Stansted)	Ray Gooding	813103
Cricket Club	David Brown	831011
Cub Scouts	1sthenhamandelsenham@gmail.com	
ECA (Chairman)	Allan Hathaway	813385
ECA (Secretary)	Moyra Jackson	647351
ECA Website	www.ElsenhamCommunityAssociation.org.uk	
Elsenham Eagles	elsenham.action@btinternet.com	
Elsenham Farmers Market	elsenhamfarmersmarket@gmail.com	
Elsenham Surgery	www.elsenhamsurgery.nhs.uk	814730
Elsenham C of E Primary School	Linda Todd Headteacher	813198
Elsenham Church PCC Secretary	David Hill	812397
Elsenham Fete	ElsenhamSummerFete@gmail.com	
Elsenham Rights of Way website	www.e-voice.org.uk/erowos/	
Friends of Elsenham School (FOES)	Louise Judd	foespta@hotmail.com
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Henham & District Garden Society	Moyra Jackson	647351
History Society	Mike Rea	evhs12@hotmail.co.uk 813634
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Memorial Hall Bookings	Cheryl Rae	817834
Neighbourhood Watch Co-ordinator	Frances Lambert	07771 728332
	franceslambertnhw@btinternet.com	
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Elsenham Parish Council Website	www.elsenham-pc.gov.uk	
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Scouts	1sthenhamandelsenham@gmail.com	
St Mary's Fabric Fund	Elizabeth Barker	813543
Tennis Club	Petra Studholme	814667
Tots & Toddlers	Dawn Temple	07944 841358
Uttlesford District Councillors	Petrina Lees	07713 074656
(for Elsenham & Henham)	Bianca Donald	07941 880279
Village Hall Bookings	elsenhamvillagehall@gmail.com	
Womens Institute Secretary	Gill Hathaway	813385
Youth Football Club (Chairman)	Ricky Lambourne	info@elsenhamyfc.co.uk

If you would like your village organisation contact to appear regularly in the magazine, please contact one of the editors, see opposite for details.

EAT, DRINK & HIT BALLS



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