Elsenham News

Summer is here!





Enjoy a fun day and BBQ on the 17th (pg 43)



Daisy May's Farm Hall Road, Elsenham, CM22 6DN

Something for everyone all Summer (pg 13)





elsenhamnews@hotmail.co.uk

Augus 2024 75p where sold

Elsenham Village Regular Monthly or Quarterly Activities

Parish Council 1st **Monday** of month 7.45pm (excl. Bank Holidays) Memorial Hall Natter Night 2nd **Monday** of month 7.30pm The Crown Elsenham EAGLES 4th **Monday** of month 7.30 - 9pm The Crown Henham & District Garden Soc. 1st **Tuesday** of month 2 for 2.30pm Memorial Hall Community Choir 1st & 3rd **Tuesday** of month 7- 8.30pm Village Hall Life Drawing 2nd and 4th **Tuesday** of month 7.30 - 9.30pm Village Hall Village History Society 2nd **Wednesday** of month quarterly 7.45pm Memorial Hall Women's Institute 3rd **Thursday** of month 7.45pm Memorial Hall Church Lunch Club 2nd & 4th **Friday** of month 12.30pm Memorial Hall Elsenham Farmers Market last **Saturday** of month 12.30 - 2.30pm Village Hall

August 2024 diary

Mon	5	Parish Council Meeting	Memorial Hall 7.45pm
Tues	6 & 20	Elsenham Community Choir	Village Hall 7pm
Fri	9 & 23	Church Lunch Club	Memorial Hall 12.30pm
Mon	12	Natter Night	The Crown 7.30pm
Tues	13 & 27	Life Drawing	Village Hall 7.30pm
Wed	14	District Councillors' Surgery	Orwell House, Station Road
			Elsenham 6pm
Thurs	s 15	WI	Memorial Hall 7.45pm
Sat	17	Elsenham Flower Show	Memorial Hall 2.30 - 4.30pm
Sat	17	Bingo	Bowls & Social Club 7.30 for 8pm
Mon	19	Elsenham Eagles	The Crown 7.30pm
Sat	31	Elsenham Farmers Market	Village Hall 12.30 - 2.30pm



Mobile Library Every third Thursday stopping at Glebe End 11.50 am to 12.20 pm Next visit: 1 and 22 August

Elsenham Village Regular Weekly Activities

Day	Time	Activity	Location
	9.30-10.30am	Zumba	Memorial Hall
	10.30-11.30am	Health walk	Start at De Mandeville Green
	4-4.30pm	Rascals (3-4yrs)	Memorial Hall (term time)
Monday	4.30-5.30pm	Rascals (5-7yrs)	Memorial Hall (term time)
	5.30-7pm	Rascals (8-12yrs)	Memorial Hall (term time)
	7-7.45pm	Pilates	Elsenham Village Hall
	7.30-8.30pm	Shape to the beat	Memorial Hall (not 1st Monday)
	9.30-10.30am	Touchpoint Food Share	Bowls & Social Club
	9.30-11.30am	Village Café Coffee	Memorial Hall
	4.45-5.45pm	Rainbows	Memorial Hall (term-time)
- .	4.45-5.45pm	Beavers	Ugley Village Hall (term-time)
Tuesday	6-7.15pm	Cubs (Wolf Pack)	Ugley Village Hall (term-time)
	6-7.30pm	Brownies	Memorial Hall (term-time)
	7.30-10.30pm	Tennis Club night	Tennis Courts
	8pm	Fitness Yoga/Pilates	Memorial Hall
	9.45-11.30am	Tots & Toddlers	Memorial Hall (term-time)
Wednesday	5.30-7.30pm	Slimming World	Memorial Hall
·····,	7-9pm	Scouts	Ugley Village Hall (term-time)
	7.30pm	Aerobics	Elsenham Village Hall
Thursday	6-7.15pm	Cubs (Bear Pack)	Ugley Village Hall (term-time)
	6.45-7.45pm	Jump Fit	Elsenham Village Hall
Friday	10-11am	Little Fishes	Memorial Hall (term-time)
	12.30-4.30pm	Coffee Bar at the park	Playing Field Car Park
Saturday	8.15am-1pm	Tarte au Citroen	Playing Field
	9-11am	Dance Scene	Memorial Hall
	9am-12pm	Youth boys & girls football	Playing Field
	8.45-9.30am	Little Kickers Mighty	Village Hall (term time)
	9.35-10.20am	Little Kickers Junior	Village Hall (term time)

CHIROPODIST & PODIATRIST

Bishop's Stortford

Orthotics
Diabetic Foot Care
Saturday Clinics
Routine Treatment

R. Handford & Colleagues H.C. P.C Registered

Bishop's Stortford - 16 Hockerill Street

01279 652249

www.feet.org.uk



MASKALLS

Small family business

Big expertise in trees

Call George M: 07982 601 570 | T: 01279 819 127 email: george@maskalls.co.uk www.maskalls.co.uk

All types of tree care & hedge cutting undertaken. Call for a free estimate.



School is over, summer is here and it's time to find those enjoyable activities that won't break the bank!



The front cover gives a small example of what is on in and around the village during August. We hope you get the chance to enjoy as many of them as possible.

There is something for everyone - from small children to the more senior amongst us (see page 41 for you over 50s). Throughout this month's magazine there are even more examples of activities for you to enjoy.

From The Parish Registers

Church Contact Telephone Numbers, E-Mail and Web-Site Addresses

Vicar	01279 850480 louis.wilson@heuchurch.co.uk	Rev. Louis Wilson
Church Office	01279 814285	Anna Hicks
Church e-mail	office@heuchurch.co.uk	
Church web-site	www.heuchurch.co.uk	

Enquiries about thanksgivings, baptisms, weddings and funerals should be made in the first instance to Anna Hicks at the Church Office 01279 814285.

Regular features

Parish Council	7	Natural Outlook
District Councillors	9	Elsenham Flower Show Soc.
Development Developments	11	U3A
Daisy May's Farm	13	Aubrey Buxton Reserve
Village History Society	15	100 Parishes
Elsenham WI	17	Seniors Golf
Elsenham EAGLES	19	Bowls Club
Elsenham Primary School	21	Tennis Club
Ray's Reflections	23	Cookery Corner
Parish Council Information	25	Book review
Church Calendar	27	

August 2024

31

33 35 37



Jocelyn Donoghue Certified EFT Practitioner

(Emotional Freedom Technique)

Unlock your emotional freedom with EFT.

Emotional freedom technique (EFT or Tapping) is a method some people use to help manage emotions and troubling thoughts that may be affecting their life.

Have you felt like you have lost your spark and are yearning to reignite it? EFT can help us break free from self-limiting beliefs and embrace boundless possibilities.

The possibility to be the Wild, Brave and Free individual you want to be. If you are interested in learning more, schedule a complimentary 20-minute video consultation or to book an appointment feel free to reach out to me

> 07841 098079 or jocelyntd1@hotmail.com. Based in Clavering

CARPETS 2 U

Carpet, laminate, Lvt, vinyl, karndean All types of flooring done

The best for less

Latex floor levelling, plyboarding preparation Old uplifted and disposed of Plenty of choice brought to your home

I try to give the best quality for your budget. 30 years' experience

> Steve 07939739845 Carpets2u@icloud.com



The invitation to tender for the new community centre is on the Government Contract Finders website, the closing date was July 12. The Parish Council has so far received 24 questions, held four onsite meetings, plus one phone call all from architects wanting to take on this project.

The Parish Council had a stall at the fete to help get the message out that Elsenham is going to have a new community centre. There was a competition for the adults, and children enjoyed themselves drawing what they thought the new community centre should look like. Colouring crayons, drawing card and sweets that were left over from the fete were donated to a charity dementia group, who said they could make good use of them.

The Parish Council's finances for 2023/2024 have been audited by our internal auditor and are now on the Parish Council's website. All the documentation has now all been sent off to be audited by our external auditor.

Dandara has now installed new village entry signs on Stansted Road, these being one of the conditions attached to the Dandara development. The Parish Council had asked, many times, if Dandara would make the new signs higher than the old ones, to accommodate the flower boxes underneath, without plants growing tall enough to obscure the sign. Dandara had agreed to this. Unfortunately, the new signs are not high or wide enough. The Parish Council has contacted Dandara pointing out their error and Dandara have agreed to rectify it.

Over a year ago, a lorry mounted the pavement in Station Road and hit the streetlight outside the doctors' surgery; the lorry never stopped. The Parish Council paid for a new streetlight to be installed and paid UK Power Network to connect the electricity. UK Power Network have still not carried out the work. They have turned up three times to connect the electric but every time they were unable to do so because of cars parked on Station Road near the streetlight. Unfortunately, the Parish Council do not have the authority to stop cars parking on the street and have informed UK Power Network, that as the contractor, it is their responsibility to make an application to Essex Highways for a permit, which normally takes three months. County Cllr. Ray Gooding is now talking to Highways officers to try and hurry this up.

The next Parish Council meeting is on Monday 5 August, starting at 7.45pm in the Memorial Hall.

Taylor Computer Services (Stansted) On-site Computer Maintenance/Repairs

DON'T BE RESTRICTED TO OFFICE HOURS, I CAN VISIT YOUR HOME OR OFFICE DURING THE DAY, EVENINGS OR WEEKENDS AT A TIME TO SUIT YOU.

Email and Broadband Setup, Data Transfers/Data Recovery, Hardware & Software Installation, Virus & Spyware Removal & Protection, New PC Setup & Training

Call Derrick on 01279 816418 ~ 07926 289749 Email: Info@tcsstansted.co.uk



enquiries@binwash-uk.com



DECORATING SERVICES ALL ASPECTS OF DIY

NO JOB TOO SMALL

For a friendly reliable service Just Ask......

GARY KING

Home: 01279 850001

Mobile : 07951 452602

g.king962@btinternet.com



SDS Installations Ltd

AERIAL AND SATELLITE SERVICES FOREIGN SATELLITE SYSTEMS - CCTV - EXTRA TV POINTS - SKY LINK UPS PHONE POINTS - HOME SIGNAL DISTRIBUTION - WALL MOUNTED PLASMA/ LCD SCREENS - CABLES SUPPLIED AND HIDDEN

Alan Smith 50 Sunnyside Stansted Essex CM24 8AX 01279 279012 07771 881042 sdsinstallations@hotmail.com sdsinstallations.com

DISTRICT COUNCILLORS' REPORT

By Cllr Lees and Cllr Donald

- Cllrdonald@uttlesford.gov.uk
- Cllrlees@uttlesford.gov.uk

7836 346717
7713 074656



The Local Plan – What benefits does Elsenham get?

It will stop the continual speculative development we have received *without* the infrastructure required. We have a chance for Elsenham to have a much needed Early Years nursery and education *within* the village. In addition, we have asked the Local Team to address the need for another shop in the village.

Elsenham had to be re-reviewed as ECC Education advised that the existing land secured for the primary school at Elsenham was *not sufficient*. During Reg18 the planning team identified that early years was desperately needed, something young families have been telling us for years. The 110 additional houses in Elsenham *tops up* our numbers and acquires the land needed to meet the quotas for primary and early years education provision. Elsenham needs a nursery! The land is available and extends an existing development very close to a railway station. There is a strong chance a planning application would be submitted and approved regardless prior to Local Plan approval, and we are much better off having such applications required to be consistent with a new full weight Local Plan instead of getting whatever little developers can get away with.

The Local Plan - History

Uttlesford has not had a new local plan since 2005. The last one was submitted in 2020, by the previous administration and was rejected as *unsound* by the inspectors who *recommended withdrawal*. The new administration in UDC started this new plan, with a cross-party group, set up to lead the project. We as the administration stated that we would *not* try to influence the plan for political gain. We have been led to believe that previously politicians made deals, and the planning officers had to work around these political directives. Planning directors call it *"Political red lines"*.

The Local Plan – Evidence based

Understandably, some people in villages with housing allocations are disappointed and cross. But we surely must all answer the question 'Why is this a suitable location for me to live in, but not anyone else?' We have made it very clear that the only way a Local Plan can be sound and passed by Inspectors is, if it is *evidence* led, *without* political prejudice. Though residents *may feel* that their representatives have not fought for them, *that is not the case*, elected representatives push for evidence to be proved and substantiated. Faith in politicians nationally has been low, political decisions being made on the premise for re-election is self-promoting and frankly morally wrong!

The Local Plan – Reg 19

This proposed plan has considered feedback received during the previous stage of the local plan consultation, which was held last year and generated about 5,000



YOUR LOCAL Personal Travel Consultant

We can look after all your travel requirements including hotels, flights, package holidays, villas, cruises, car hire and much more.

*Subject to availability. Only available on selected deals. Please mention advert when requesting a quote.

Carla Jayne at Hays Travel 🛛 🔽

C cj_haystravel

01279 886731 07590 804702 carlajayne@hays-travel.co.uk haystravel.co.uk/personal-travel-consultants/carla-jayne



Charles & Son Tewellery



Wanted - Cash Paid: Coin Collections Costume Jewellery Gold/Silver Jewellery Watches (working/not working) Broaches, Watch Chains Stamp Collections Day: 07775 998628 Night: 01376 326163



Development Developments

By Graham Mott 🕾 812516 🖂 motts@grahammott.plus.com



At a meeting held with Bloor Homes the question 'What happened to the crocuses?' was asked. Crocus Drive was so named because clusters of crocuses were promised to spring forth in a springlike manner each spring, starting with the spring recently sprung. But no such springing occurred. The Bloor Homes Technical Director explained that bulbs had been purchased last October. a date had been agreed for planting, weather conditions were ideal - and then, for reasons still unexplained, the company involved failed to fulfil the planting plan. This year, a different approach will be taken. Children from Elsenham School are reckoned to be more reliable than any workforce available commercially, and will be drafted in for planting purposes. The Director gave assurances that he is determined not to be embarrassed by the lack of crocuses for a second year - although close observers reported that his face was not a very deep shade of red when he said so. Firm commitments were also given that the cycleway and footway connecting to the station, previously promised for Christmas last year and then Easter, will be completed within three months. Furthermore, the new football pitches and pavilion will be started very soon and will be handed over around September 2025. The weather of course is blamed for all delays.

It is likely that the detailed application for 40 homes to the south of Rush Lane will be before Uttlesford District Council's Planning Committee at their meeting on 24 July. UDC have a new Urban Design Officer. I have space only for a few extracts from his thoroughly uncomplimentary report.

The road layout is excessively curvilinear leading to six dead-end cul-de-sacs, so is poor in terms of legibility and wayfinding, with no real destination or centre to the development, other than the Local Area of Play. Open space does not seem particularly considered or usable, mainly forming edge buffers or attenuation areas.

This creates a defensive enclave that does not integrate with the existing development on Rush Lane and Robin Hood Road. As both roads have houses fronting them, there is a missed opportunity for the new development to address these streets with active frontage, rather than turning their backs on the neighbouring houses and presenting back gardens and homezones behind the retained planting.

The appearance of the houses are generic and lack variety, with an almost entirely consistent ridge and eaves line, giving the appearance of a homogeneous development lacking character and identity. The Design & Access statement states that the scheme has been designed to create a "sense of place" but this does not come through in the submitted plans. A sense of place could be better defined through a more coherent public realm with a clear destination or centre to the development and more architectural variety and character to the house types.

It will be interesting to see whether UDC's Planning Committee takes note of this excoriating review and refuses the application, or whether it gives a collective shrug and passes it anyway.



SUMMER POTS . SPRING ALPINES HERBACEOUS & HERBS STAKES TRELLIS OBELISH WATER SOFTENER **DECORATIVE BARK HORTICULTURAL GRIT** TERRACOTTA & GLAZED SALT 25kg **COLOURED GRAVELS PLANTERS & POTS** £14 each £62.50 for 5 EBBLES COBBLES ve arf ***** HERE BROXTED **COUNTRY VALUE SEEDS VEGETABLE PLANTS** PRINCE OF BASKET & TUB PLANTS WALES **Most 99p per PACKET ALPINES** BRICK END Mr Fothergills Seeds CHAPEL END BACEOUS NURSERY Buy 5 Packs get Cheapest Free RBS THREE MOLEHILL DSES HORSESHO ELSENHAM GREEN RIIRS **OPEN** 9am to 5 pm D PLANTS STANSTEI MONDAY TO SATURDAY(CLOSED SUNDAYS) AQUATIC COMPOS T0 **MOLEHILL GREEN ROAD** COMPOST DUNMOV D BIRD FOOD BROXTED DUNMOW ESSEX CM6 2BW BISHOPS SUNDRIES FOUR 01279 850771 TORTFORD www.chapelendnurserysperry.co.uk

janetterickwood celebrant@btinternet.com www.janetterickwoodcelebrant.co.uk. 7889 375200 Facebook @JRCelebrant

S_ PER

For more information please contact:

Are you planning or considering: a Memorial Service, a Funeral, Renewal of Vows, a Wedding or a Naming Celebration?

> A Celebrant led ceremony will help you to create special memories of the day.

te Bickwy

Collector, collator and relator of life's special events

August 2024





Daisy May's Farm Hall Road, Elsenham, CM22 6DN





"Oh, I do like to be beside the seaside", but let's face it, it can be a major hassle getting there, but worry not, **we have a beach**! Come and see us, play in the sand and dip your toes in the stream to cool down.

We also have our fabulous **woodland campsite**, and you can stay in the woodland area or in our camper/caravan paddock where there is lots of space and lovely scenery. Both options include entry to the farm where you can meet our lovely animals and all their babies...... all for just £25 a night and on your doorstep. Please book via our website -



daisy.maysfarm.org - and check our Facebook page for up-and-coming events and exciting activities.



We have a fabulous safe area to play in, a picnic area, den building, a woodland trail to explore, themed crafts, refreshments, ice creams and, of course, **lots of animals to see, and we still have SO MANY BABIES.**

Most importantly, we are **open EVERY DAY**, so there is no excuse for you not to come and see us. Entry is £6 (under 1's free) and it really is a fabulous day out for all the family.

There really is so much to do and see at the farm and our animals just love seeing you all. So do be sure to come and see us over the summer. Can't wait to see you.

We **always** need help in so many ways, particularly when there is **so** much to do. So if you have a little time to spare, **please** get in touch, we would **love** to hear from you. Please contact 🕾 07747 787973 or take a look at our website 🖓 <u>www.daisymaysfarm.org</u> to find out more. Thank you so much.

Cultivated Turf Supplies

ROTAVATING **NEW LAWNS LAID** ALL GARDEN WORK **UNDERTAKEN** CALL FOR FREE QUOTATION 01279 718555 **78 07930 188920**



@ 01992 450356 7 07961 882027 DRIVEWAYS Idmaintenance@btinternet.com www.tdms-driveways.com

Block paving specialists. Black and red tarmac. Hand and machine laid tarmac. Turfing and fencing. Residential and commercial. All work guaranteed. Free estimates.



BURY LODGE

HOTEL | WEDDINGS | EVENTS

Weddings - Parties - School Proms - Wakes - Dinner & Dances -**Corporate Events**

We are a family run 16th century barn, and we can accommodate up to 250.

Using this code BURY10 you will receive 10% off any booking made from this advert.

Email: teresa@burylodge.com Tel: 07741845201 / 01279 816737 Bury Lodge Lane, Stansted, CM24 8QE

ELSENHAM VILLAGE HISTORY SOCIETY

By Mike Rea, Secretary [™] 813634 ⊠ evhs12@hotmail.co.uk [™] www.elsenham-history.co.uk

As you read these words, the Village Fete will be several weeks in the past, an almost distant memory, but we would like to thank all those who came along to say hello and look at our display. I must also apologise to those who were expecting entertainment when we put up our gazebo, there wasn't any (this year), you know who you are!

When speaking to people at these events we often learn new things about our village and this time was no exception. I have written previously about anecdotal tales of a windmill in Elsenham, so we were pleased to be visited by Richard Thomas, one-time Elsenham resident who is a member of the Stansted Windmill Trust. He told us that a windmill had indeed existed in Elsenham. It was constructed as a "smock mill", these being generally of wooden construction usually with six or eight weather boarded sides and topped with a thatched or sometimes tiled roof or cap that rotated to bring the sails into the wind.

This type of windmill got its name from its resemblance to the smocks that were worn by farmers in earlier times. The Elsenham mill was thought to have been built between the mid to late 18th century and lasted to the end of the 19th century by which time it was derelict and was demolished. Nothing remains today to tell us exactly where it was, but it was said to be situated on Old Mill Farm (is that a clue perhaps?) that lay on the Stansted Road in an area that is today surrounded by Franklin Drive.

We are told more information on the mill is available in Volume 4 of "Essex Windmills and Millwrights" by Ken Farries, a treatise that lists every mill in Essex. Unfortunately, it is long out of print and copies currently change hands for several hundred pounds. We are hoping to track down a copy in a library to get the full story.

Our next meeting will be held on Wednesday 11 September at 8pm in the Memorial Hall when our speaker will be Alex Froggatt from Sworders Auction House.

He is a specialist in glass and his talk will be based around Antique Glass, discussing what interests collectors and why. He will talk about 18th century drinking habits and introduce the glass making centres of the period. This talk is a little different from our normal presentations but should prove to be an interesting evening nonetheless.

Please do come along and see for yourself what we are doing. You will be very welcome.

Visitors are always welcome at our meetings for a very modest two pounds but even better, membership costs just five pounds for a full year's meetings.





THINKING OF SELLING OR RENTING YOUR PROPERTY?





May we take the opportunity of introducing ourselves to the residents of Elsenham and surrounding villages as two down to earth, experienced independent estate agents who offer a friendly honest service!

Both previously working as Branch Managers for Churchill Estates in East London, we have been working independently for almost ten years, Clarke Residential as the selling part of the business and Dardis Estates on the rental side. As working Mums we joined forces and have had lots of local success in our respective areas. With Nicola living in Elsenham for 18 years and Jacqui in Brentwood and Nazeing over the last decade, we are now focusing on expanding into more local areas and want to bring something different to our home towns. Many of our clients move from London to Essex and Hertfordshire so it has made perfect sense to expand the business into our own areas.

We are very different from other agents but offer exactly the same coverage using Rightmove, On The Market and our own website. We are quite the "one stop shop" and between us we list, market, and run the sales from start to finish. From the day we first visit on the valuation to the day we hand over the keys we are with you every step of the way.

We are always available to advise, chase, negotiate and even offer a shoulder to cry on when things get fraught! We have many contacts in the business from removals to mortgage advisors and great conveyancers you can actually speak to who offer competitive fees, all highly recommended personally by ourselves too so we can help in all aspects of your move. We are always at the end of the phone for you!

There is certainly a gap in the market for a good old fashioned honest agent with down to earth advice and a proactive attitude. 90% of our sales result from recommendations. Over the years we have moved friends, neighbours, Mums, Dads, their children, and now grandchildren! Certainly makes us feel old!

Please call either Nicola on 07909 548028 or Jacqui on 07956 513238 to find out how we can help make your move a whole new experience!

ELSENHAM WOMEN'S INSTITUTE By Moyra Jackson [™] 077655 000807 ⊠ elsenhamwi@gmail.com



It has been a very disappointing summer weather wise, so far. I hope that the weather will greatly improve as the summer rushes towards autumn.

A big THANK YOU to everyone who came along to see us in the 'Tea Room' at the Village Fete and enjoyed the wonderful cakes and cream teas on offer. As always it was lovely to chat to so many of you. Our Wine and Water Stall also did well, selling out in less than an hour.

We are still busy at Elsenham WI. Our Natter Nights continue at The Crown on the second Monday every month. Many thanks to Mick and Lou for making us so welcome and letting us bring along all our knitting, crochet, and any other type of craft you care to mention, plus the obligatory cake.

Our last meeting was a very interesting talk by Claire Buttress from Foort Taylor on legal issues that are unique to women. We learned a lot as it highlighted many issues for us to consider.



Our meeting this month is our Summer Party and this one should definitely go with a 'Swing'! The Competition is something beginning with **S**. Our party is for members and guests so if you are not a member yet, and would like to come along to this, please let us know for catering purposes. Hopefully, it will be an evening for summer dresses rather than duffle coats and wellies.

Coming along to Elsenham WI is a really good way to meet friends, especially if you are new to Elsenham. While we are very proud to have a history of Jam and Jerusalem traditions, we are so much more than that, and always happy to dispel any stereotypes associated with the WI. Why not come along (or come back), visitors and new members are always welcome, and you can join at anytime throughout the year.

Details of our programme, events and activities can be found on Facebook, X and Instagram – search for Elsenham WI. Visitors are welcome to our monthly meetings. We meet at 7.45pm on the third Thursday in the month in the Memorial Hall. Elsenham WI – There's a lot going on!

E. N.C. Electrical Limited

Industrial Agricultural Domestic

Electrical Installations

Fire Alarms/Emergency Lighting

Fault Finding

Portable Appliance Testing

Fixed Wiring Test & Inspection

Over 25 Years Experience in the **Electrical Industry**

Contact: Ian Arran

Tel. 01279 647042 Mobile 07776 252994



Email: encelectricalltd@btinternet.com

44 Alsa Gardens Elsenham

Bishop's Stortford Herts, CM22 6HB



- repairs & maintenance
- Aluminium, composite & uPVC installations
- Windows & door handles
- Locks & hinges
- Mistied units

- Door adjustments
 - SCRIPTERS AND
 - & lubrication
- Aluminium bifolding doors
- Composite doors
- Aluminium/uPVC roof lanterns

01279 282997 01371 701000

⊠ info@replaceglaze.com 💮 www.replaceglaze.com

(O) replaceglaze



EVERY TUESDAY IN ELSENHAM

WHAT IS THE TOUCHPOINT COMMUNITY FOOD SHARE?

Our volunteers collect food donated by local supermarkets and retailers that would otherwise go to waste, and distribute it free to the community

The Community Food Share is all about reducing food waste and is for everyone. We have fruit, vegetables, meat, baked items and more ... and everything is absolutely FREE!

Where? Elsenham Bowls Club (off Leigh Drive) When? Every Tuesday, 9.30am-10.30am

The produce has a short shelf life, so please only take what you will be able to use in the next few days

If you would like to get involved and join our team of volunteers, please call 07572 114882 or email info@thetouchpoint.org

07572 114882





CARS WANTED PETROL OR DIESEL



CASH PA WITH OR WITHOUT MOT CARS, ESTATE CARS, 4X45, TRUCKS, VANS

ALL MOTORCYCLES WANTED Darren 01376 326163

August 2024

ELSENHAM EAGLES Elsenham Action Group for Local Environmental Sustainability By Rachel Geller and Angie Wenlock Selsenham.action@btinternet.com



Despite the showers, some hardy and hard-working EAGLES members held a stall at the village fete to promote "all things sustainable in Elsenham". Our "Take a plant for a donation" raised a contribution to our funds. Several folders were available with useful information on several sustainability topics. CommuniPower's "Uttlesford Energy Champions" attended our stall to promote sustainable energy.

Communipower, https://communityenergysouth.org/communipower, support communities and local authorities to deliver net-zero together. They left cards and goody bags with us. The goody bags were impressive, containing behind-radiator reflectors (a silver bubble wrap type material), energy saving light bulbs and a leaflet about "chimney sheeps" which are wool blockers for your chimney to prevent draughts in winter. You take them out again when using the fire. (It can't be stressed enough that these would have to be used responsibly, being mindful of not leaving them in place and lighting a fire under them.)

EAGLES members had an interesting meeting recently with Communipower together with Adam Birchweaver, an Energy and Low Carbon Project Officer from Essex County Council. Adam highlighted that their department is looking for community buildings on which to install solar panels, <u>which they would fund</u>. This looks like a perfect opportunity for any community buildings in Elsenham to obtain funding for installing solar panels. It's certainly worth checking out.

Our presence at the fete also got us talking about how the playing fields are quite a focal point for the village and would be a perfect location for recycling bins. This however will be a matter for the Council and for us, it's something to just put a pin in that could be focused on at a later date.

It's great that in some areas of Elsenham the grass is being allowed to grow longer in order to allow wildflowers to grow, increasing biodiversity. Hopefully, before long, some wildlife corridors can be developed because populations of plants and animals are stronger when they're connected to each other.

This is not just about wildflowers, nor even is it just about bees; different species of butterflies and moths have specific food plants, so the diversity of wildflowers is important for them as well as for its own sake.

If you're concerned about making our homes more energy efficient, working towards using more sustainable energy or encouraging greater biodiversity then please get in touch at the email address above. We'd love to meet you!

Our next meeting will be on Monday 19th August at 7.30 at The Crown.

01279 871 777 - 0800 587 2556 6 Newman Road, Little Canfield, Dunmow, Essex, CM6 1GR

MEDIACOMS

Aerial Satellite AV Security

- Aerial Installations
- CCTV & Security Alarms
- Audio Visual Installations
- Wireless & Wired Networks
- Solar Panel Installations
- Sky Installations & Subscriptions
- Freesat Installations & Receivers
- Multiroom Music & TV Distribution
- TV Wall Mounting Services
- Family Run Business







www.mediacoms.co.uk

info@mediacoms.co.uk



August 2024

ELSENHAM C. OF E. PRIMARY SCHOOL

By Linda Todd, Headteacher

As we come to the end of the school year it is a good time to reflect on all the fun and learning that we have enjoyed over the last three terms, with lots of successes to celebrate.



We have made our mark in all the interschool sporting events, participating in tag rugby, dodgeball, netball and athletics as well as the more unusual boccia, kurling and cheerleading, not forgetting a Santa dash and teddy bear run! Every Friday morning, weather permitting, we all join in with our families walking round the playground to uplifting dance music. It's a great way to start a day and end a week.

The many strengths of our school were recognized in our church schools inspection (SIAMS) back in March highlighting that we are a school where 'each pupil and adult is accepted as 'someone', able to flourish in a caring community.' They were impressed with how we live out our school vision that: **Everyone is someone in our church school community, becoming learners for life, ready to make a difference.**

We have been proud of our children's status as advocates for change. We have Inclusion Ambassadors, proud of the additional needs they have and not afraid to use their voice to drive acceptance and inclusion both within the school but also beyond. We have Leaders in Learning who use their passion for a subject in delivering learning for other children in the school. Alongside the teachers, they work creatively to enthuse other children, for example the science leaders took some Year 1 children on a bug hunt and helped them make a bug hotel.

Year 3 have successfully completed the Bishop of York's Young Leader Award

recently which encourages community and charitable work. They carried out a litter pick in the village and held a pre-loved book sale, raising money for charities close to their heart. Forest school was new to us this year. We created a large, dedicated space for outdoor learning and appointed a Forest school Leader. Wellies on and it's time to explore and learn together!

We love any excuse to dress up, be it World Book Day or for one of the many curriculum days. We have had Romans and Greeks invade our corridors, we have had Princes and Princesses take to the dance floor. No wonder our children talk so enthusiastically about their learning at Elsenham.



As we say goodbye to our wonderful Year 6 as they spread their wings and fly, we look forward to welcoming the next group of Reception children. They have a wonderful surprise to look forward to as we spend the summer holidays revamping the Early Years' outdoor learning area.... it's going to look amazing! Happy summer everyone.



Options Hair Design 2 Ambrose Corner, Elsenham 01279 812665 www.optionssalon.co.uk

At Options Hair Design we work hard to provide the very best of care to our clients.

From the moment you enter our salon our aim is for you to feel like the most confident and beautiful version of yourself.

Our dedicated and talented team of professionals use the very best and innovative, organic products to achieve the look that you want for your hair. We work with you to achieve this as we believe that confidence comes from a hairstyle that you are happy with.

Our team of five stylists each bring with them a wealth of experience, and each display their own creativity whether in colouring, cutting, styling, or finishing.

Our ethos is that the salon experience we provide ensures you leave feeling relaxed, pampered and confident.

D BONNEY & SONS MANUDEN MOTOR VEHICLE ENGINEERS

MOT TESTING ALL MAKES OF VEHICLES SERVICED INCLUDING FOUR WHEEL DRIVES TRW BRAKE CENTRE DIAGNOSTIC AND FAULT FINDING WELDING AND CHASSIS REPAIRS SELECTION OF USED CARS CALOR GAS STOCKIST

WE HELP YOU THE MOTORIST WITH A CHEAPER LABOUR RATE GUARANTEED WORKMANSHIP FREE COLLECTION AND DELIVERY IN LOCAL AREA

PLEASE RING: MALC, NEIL OR CRAIG 1279 813315 OR 01279 815946





Elsenham Post Office - Yesterday and Today.

In 1948 Bill Ambrose had limited service. On offer now you can buy stamps, road fund licence, pay utility bills, top up mobile phones and collect benefits.

Has your High Street Bank closed? Well, at the post office you can deposit cheques and withdraw cash. Transfer money via the MoneyGram service and Western Union. You can get your holiday currencies over the counter for Euros and American Dollars - any other currencies can be ordered online at Post Office - Helping You Get Life's Important Things Done.

You can send parcels anywhere in the world as the post office partners with Parcel Force and as an agent for Amazon's click and collect service, you'll be able to return your parcels easily.

Our trusted post office sells a wide range of cards for all occasions plus gift wrap and tags. They also sell gift cards for many brands such as Amazon Apple, Netflix and Nintendo. The ideal solution for that forgotten gift!

With more people working from home, the post office is there to fulfil your stationery needs - printer paper, bubble-wrap, brown wrapping paper and a whole lot more.

A shop window for cottage industries within the village including wood turned items, perfumes, candles and bespoke gift baskets.

The post office is not fully funded by its users, but for every transaction a small fee is paid to the Elsenham Post Office so please use this vital village facility as it helps to sustain it.

The post office is open Mon to Fri 9am to 5.30pm and Saturday 9am till 12.30pm.

That is why it is called "Ambrose Corner."

Article production assisted by John Minor.

Ray Junkelis

Mat Duxbury PAINTING

Professional Interior and Exterior Painting Specialist

References available on request

20 Years' experience

Fully Insured

NVQ Qualified and Health and Safety Certified

Local, reliable and friendly service guaranteed

For a free estimate please contact Mat on [™] 07810 250426 or email [™] <u>mat@duxburypainting.co.uk</u> ELSENHAM





covering all aspects of domestic electrical installations

contact us for a free estimate 07960 941138

contact@tdcelectrical.com

www.tdcelectrical.com

ELSENHAM PARISH COUNCIL By Louise Johnson, Clerk. 🖂 louise.epc@gmail.com 🕾 07456 791727



Well done! to the children who took up our invitation to produce drawings at our stall at the Village Fete. This illustration does not really do justice to their efforts. Congratulations to Donna of Elm Close, who actually gave exactly the right number in our challenge to guess the combined ages of the eleven councillors plus the clerk and was awarded the exciting prize. The answer is 792, an average of exactly 66. The answers ranged from an implausible 365 (perhaps through confusion with the number of days in the year) to an all-too credible 880.

We were able to answer questions about the new Community Centre, particularly to point to its location, off Southfield Close and adjoining the car park at the top end of the playing field.

The Parish Council Rubbish Container in the Playing Field Car Park

The Parish Council has a large black rubbish container in the top car park that is for their sole use......and it is not for public use. Every week we are getting numerous bags of household rubbish and other items dumped in and around the container, and most of these items could be put in their owners' own black and green lidded household rubbish bins. We will now be putting a sign on the container as shown below, reminding residents that the container is not for public use, and that our car park is monitored by CCTV 24 hours a day.



Parish Council use only Not for public use No fly-tipping

24 Hr. CCTV in Operation

Thank you for your understanding and cooperation

ST MARY'S CHURCH ELSENHAM Office@heuchurch.co.uk Thought For The Month by Louis Wilson

The port city of Corinth in southern Greece was said to be at once the New York, Los Angeles and Las Vegas of the ancient world. The things it valued and worshipped were money, sex, celebrity and sport - which doesn't sound terribly different from the values of our own day. The apostle Paul went to Corinth in about 50 AD and by God's grace was able to start a church.

In his letter, 1 Corinthians, he writes to remind the church that when he first came to them, it was not with great eloquence, superior wisdom or impressive appearance. Instead he came in weakness, fear and trembling, with a message that was foolish and unimpressive – For, he says, I resolved to know nothing while I was with you except Jesus Christ and him crucified.

He reminded them that a church family will very rarely be full of those the world regards as wise and clever. It will rarely be full of this world's movers and shakers. It will rarely be full of dukes or princesses – because God habitually chooses to work through the foolish to shame the wise and through the weak to shame the strong.

One of my favourite stories of God's power shown in weakness concerns the missionary Adoniram Judson.

Some 200 years ago, he travelled from his native New England to Burma which then, as now, was a completely closed country.

It took six years for him to see one person become a Christian. He spent two years in prison suffered appalling torture. His wife died, followed within six months by their daughter. He married again but his second wife died, as did seven of his children in the disease and heat of Burma: he endured years of overwhelming loss and suffering.

And the work of Gospel sowing in Burma was long and hard, the reaping even harder. But in 1831, 19 years after he arrived, he was able to write: The spirit of enquiry is spreading everywhere. We have given away nearly 10,000 tracts, and we give only to those who ask.

Some travel for two or three months to say: Sir, we've seen a writing that tells about an eternal God. Are you the man that gives away such writings? If so, please give us one, for we want to know the truth before we die.

Others, from the interior of the country, where the name of Christ is a little known come saying: -Are you Jesus Christ's man? Give us a writing that tells about Jesus Christ.

Adoniram Judson died in 1850, after a life of simply unbelievable weakness and loss. But by the time of his death, he had completed a translation of the Bible into Burmese, as well as a Burmese dictionary. Hundreds of converts were leading the church, and today in Myanmar (Burma), there are about 3,700 congregations that trace their origin to Judson and, humanly speaking, to the weakness of his message and the weakness of his life.

God's power shown in weakness.

CHURCH EVENTS IN OUR VILLAGES AUGUST 2024

Church Services

Sunday 4th August

10:15 Joint Service, Elsenham Church

Sunday 11th August

10:15 All Together All-Age Service, Elsenham Village Hall

Sunday 18th August

10:15 Joint Service, Ugley Church

Sunday 25th August

10:15 Joint Service, Elsenham Church

There will be NO Sunday@6 Services during August or on 1st September. Sunday@6 Services resume on 8th September 2024 when Youth Groups also resume. **Other Regular Events**

Sunday lunchtime picnic: (All welcome) Bring a packed lunch and folding chair after the Joint Service to:

4th August: Foxton Farm, Ugley Green, CM22 6HL

MID-WEEK AND SATURDAY:

<u>Start the Week with Prayer</u> Church Hall, Henham 9.30am Mondays: 5th, 12th, 19th & 26th

<u>Church Lunch Club</u> Elsenham Memorial Hall 12.30pm Fridays: (2nd & 4th Friday of the month): 9th & 23rd

<u>Afternoon Tea</u> OSCA, Henham 2.00pm Saturday: 17th

For information on all these events, please contact office@heuchurch.co.uk

GARRETTS GARAGE SERVICES

42 Golds Business Park, Elsenham Bishop's Stortford, Herts CM22 6JX

- •Mechanical Repairs
- Servicing
- Tyres
- Engine Tuning
- Computer Diagnosis
- •Windscreen Repairs

- •M.O.T.'s Catalyst & Diesel Tested
- •E.H.D.C. Authorised Hackney Carriage Testers
- MODERN WELL MAINTAINED WORKSHOP
- ALL MAKES OF VEHICLE
- *FREE COLLECTION AND* *DELIVERY SERVICE*

TEL: 01279 647777 FAX 01279 817622

Batteries

• Exhausts





Well, what a fete that was!

The weather kept us guessing for a while, but when the sun came out, so did you lovely visitors, a big THANKS to you all! There were so many positive compliments about the day and



that makes all the hard work worthwhile. You particularly liked the fete going on into the evening and it was lovely to see so many families having fun and dancing to the music – a perfect end to a fabulous day.

We have a whole new committee taking our wonderful village fete on to 2025 and this is no small undertaking. So, if you enjoyed the day and/or evening, please do get in touch with the new committee, because anything you can contribute, large or small, really does make a difference and helps lighten the load.

So, the old committee are hanging up their green t-shirts, but are very excited for the new team to wear them and take the fete on to lots of new and exciting attractions.

Barbara Pether - Brest Cancer Afternoon Tea

I would like to thank everyone that came along and supported our afternoon tea, those who baked, gave Raffle and Tombola prizes, guessed the name of the bear, weight of the cake, and had a go at the pot of gold for a cash prize. The wonderful ladies in the kitchen keeping us supplied with tea and coffee, the lovely ladies serving delicious cakes, but most of all, the people of the village for giving us their support. A special mention to Amelia Rose, Gong Baths, Options, The Post Office, Golf World Stansted, Chris Mowbury, Planteria, The Hypno Hut and Tesco Express who donated wonderful raffle prizes. And last but not least, Chris, Allan and Doug, for all their help setting up and clearing up, thank you. To date we have raised £730.35p. Heartfelt thanks to you all.

Your bus service - use it or lose it! By Bus Co-ordinator Ray Franklin

Community transport provides a key to independence, connecting those who might otherwise be isolated. A dedicated mobility service is essential for a functioning and inclusive society. Community transport represents a lifeline for many, offering more than just a ride; it enhances the quality of life and fosters social connection.

Whether it's enabling access to healthcare, shopping, or social events, these services ensure that no one is left behind. By understanding its role, we reveal that it does much more than move people from point A to B; it knits the community closer together.

YOUR BUS IS YOUR LINK - USE IT OR LOSE IT!



Local architecture company with over 25 years experience designing and obtaining approval for new homes, extensions and conversions

Free consultation 01799 540 600

info@alundesign.com

www.alundesign.com

Neville House, Station Road, Wendens Ambo, Saffron Walden, Essex, CB11 4LB

DANIEL ROBINSON & SONS

Independent Family Funeral Directors & Monumental Masons

Est 1892

Always here when you need us...

- Arrangements in the comfort of your own home, if preferred
- Private Chapel of Rest
- Pre-paid funeral planning services
- Traditional & contemporary funerals to suit your wishes

79/81 South Street BISHOP'S STORTFORD 01279 655477



www.drobinson.co.uk

NATURAL OUTLOOK

By Heather Salvidge 🕾 814153

So far this year "things are early". I can think of two reasons for the changes in our standard summers, climate change and recent housing developments. This summer, after a mild winter, many plants grew taller than before and spread out more leaving competition between adjacent plants e.g. crocosmia lucifer and yellow loosestrife, both earlier than usual. In 2023 August was



wet, three named storms wreaking some havoc and flooding. In 2022 it got hot, first a drought, some areas had a hosepipe ban and on 11th August an Alert was declared for a four-day Official Heat Wave. Later temperatures could reach 30 °C, our lawn got scorched. 2021 had some warm, hot spells and a significant amount of rain, light and heavy.

This year grass and other plants have grown much taller and birds have nested earlier. As an example, the starlings came to feed their newly hatched broods eight days before the end of May and by the beginning of July, instead of in August, the young were independent and changing plumage. Young sparrows are similar in their development. In 2021 there were often many sparrows feeding in the front, but this year one brood was born with conspicuous white feathers in their tails and wings. Some of them were lost during the moult which made them easy targets for the local sparrow hawks. The current male sparrow hawk visitor is already moulting and there is a scattering of feathers shed by pigeons, magpies, other corvidae and blackbirds. It is also possible that if there has been a successful early raising of a brood, some birds, perhaps blue tits or collared doves, might go for a second,

Butterflies' habits have changed as well. According to my basic 'log', in August there were eight species, a possible ninth (small heath) and some cinnabar caterpillars; in 2022 another eight but different species including a garden tiger. In 2023, ten species and an elephant hawk moth caterpillar, the species count included the smaller hummingbird hawk moth which busied itself/themselves around the garden for quite a while. So far this year, in July, I have noted just four species, large white, holly blue, ringlet and meadow brown, there may be more to come before August but I have only seen one hummingbird hawk moth, that in May. Surprising, as the winter was mild, but some of our spring weather was unpleasant and did not support them.

The other reason for change is the development of our villages: "the countryside" seems to be moving further away. The house martins have moved from their nests by the shops and I am not sure where the swifts are nesting now but I don't see so many of them. Not as many swallows can be seen scything the air, low or high over the playing field. If my back is turned when I put out food in the front garden for the smaller birds and maybe one wood pigeon, a mixed gang of junior jackdaws and rooks plus an adult or two are feeding away and small birds are hiding. The busy traffic often puts the small birds to flight. So, if you would like to do something about it, you could put up a small feeder and/ or bird box.

JOHN COLEBY

Experienced Interior and Exterior Decorator

For a friendly, reliable service please telephone 01279 815510 or 0793 9070818 for a free estimate

NEW BEGINNINGS COUNSELLING A safe environment to explore your thoughts and feelings

A private practice with parking based in Takeley Represented by Michele Simpson MBACP

Ever felt sad, overwhelmed, lost or just not quite right? Most people at some point in their lives have felt so overwhelmed that they find it impossible to see a way out of a situation. My beliefs are that everybody has the resources within themselves, given the right environment, to experience therapeutic change. Give me a call to see how I can help you to improve your life.

Counselling could enable you to have that new beginning phone: 07956 224954 or 01279 879009 email: ms@newbeginningscounselling.co.uk

www.newbeginningscounselling.co.uk



Double Glazed Units - SAME DAY

- Table Tops
- Shelves
- Emergency Glazing
- Replacement Misted Double Glazing
- Greenhouse Glass

- Cat and Dog Flaps Fitted
- Splash Backs Any Colour
- Glass Cut To Size
- Emergency Boarding
- Safety Glass
- Mirrors

LOCAL COMPANY – GREAT PRICES – RELIABLE PROMPT SERVICE

Elsenham – Great Dunmow – Bishops Stortford - Stansted



ANNUAL FLOWER SHOW Sauturday 17 August 2.30pm – 4.30pm



First of all the EFSS committee would like to say a big thank you to all the people that opened their gardens to the village. The 12 lovely gardens were so very different, no two were the same.

Also, thank you to all those who visited the **Open Gardens** in the Village, it was a great success. The weather wasn't good Sunday morning, but after lunch the sun came out and so did all the people and all the gardens had lots of visitors. I hope those of you that did the tour of the village enjoyed the variety of gardens, and you took home some ideas for your own garden and perhaps you may be thinking you would like to open your garden to the public. If so, let us know, and we will contact you in early 2026.

Now it's time to get ready for the **Annual Flower Show** when you can enter your prize vegetables or plants in the many competitions being held. It's not just about vegetables and plants, there are competitions on baking, flower arranging, handicraft and photography, painting, jam making and even liqueur making and many more. Some competitions have a section for children to enter.

So get your entry form in with the entry fee of 50p per exhibit, (children are free), to either Sue Waite or Lynda Jolly by Saturday August 10th. Full details and rules of the show are in the July Elsenham News magazine, they will also be at the Post Office and at the Station.

If you are not exhibiting but would like to come along to see all the many exhibits, the show is open to the public from 2.30pm (Admission £1) when the judging will take place, prizes presented and some of the items may be available for sale, and of course there will be tea and cake on sale. The show will close at 4.30pm

We hope to see you on Saturday 17 August at the Memorial Hall.

Newport & District Flower Club

We will be holding an Afternoon Cream Tea starting with a demonstration on August 14 at 2pm. If you would like to come along please contact Patricia Sanz at the email address below.

We meet on the third Wednesday of the month (except January, August, & December) at 7pm at Ugley Village Hall, Cambridge Road, CM22 6HR. Contact Patricia Sanz \bowtie flowersanzp2020@gmail.com.

Visitors are always very welcome.

August 2024



Pike's Plumbing & Heating

Whether you're looking for a plumber or heating engineer, Pike's Plumbing & Heating can help.

If it's an emergency, simple problem or you're just thinking about a new boiler or bathroom give me a call – I'm available when you need me 24/7. Now's a good time to think about servicing your boiler too and make sure you're not left out in the cold! No Call-Out Charges & Free Quotations

Tel: 07889 140035

Email: info@pikesph.co.uk

Web: www.pikesph.co.uk

Get energy smart and save!

People often think more about their energy bills in winter when it's cold outside. But even though average annual energy bills fell by 7% on 1 July for those on standard price-capped tariffs, they remain about £400 higher than they were three years ago. From October it's predicted the Price Cap will rise by 10% and

citizens advice

Craig Pike

Property Maintenance Heating Electrics Bathrooms Plumbing

then remain at roughly this level until it's due to change again in January 2025.

So, now is a great time to think about ways to save energy; you'll be kinder to the environment and have more money in your pocket too! Thanks to funding from Cadent, UK Power Network and the Energy Redress Scheme, we have an experienced team of specialists who can help you with this - they may even be able to visit you in your own home. Our advice is always free, confidential and impartial, so why not give us a call today to find out more.

Contact the team on 01799 618858 or by email: <u>warmhomes@uttlesfordca.org.uk</u>

Uttlesford Citizens Advice Barnards Yard, Saffron Walden, CB11 4EB

01799 618858 warmhomes@uttlesfordca.org.uk www.uttlesfordca.org.uk

U3A Stansted

Julia Cook ⊠ stanstedu3a@gmail.com ^ www.u3asites.org.uk/stansted



This year Stansted u3a's AGM was held on Thursday 20 June. Three members of the committee, the Chair, Treasurer and Speaker Secretary, completed their terms of office and nominations for all three posts, together with a remaining vacancy for a Publicity Co-ordinator had been received. The results of the elections to these positions are as follows:

Chair:	Pauline Green
Treasurer:	Gaynor Mordcovich
Speaker Secretary:	Steve Riley
Publicity Co-ordinator:	Susan Sedgebeer

The voting for all four was unanimous.

At a time when the weather was still extremely variable the Garden Group continued with its summer programme of visits and enjoyed a private tour of the half-acre National Garden Society's garden, "Pear Trees", at Wimbish which has been lovingly developed over the last three decades. Enjoying a conducted tour by the owner, Julie Bayliss, they found inspiration in the ancient apple and pear trees which were underplanted with a large variety of flowering bulbs. There were herbaceous borders to enjoy and a beautiful productive vegetable garden too. However, in the face of wet weather the group were delighted to return to the house for home-made cakes and tea in the kitchen and delightful garden room.

The speaker for the August general meeting will be former USAAF fighter pilot Don Mobley, who now lives in Stowupland, Suffolk, and runs the u3a Flight Inspirations Group. Don has also been an airline pilot and a FAA Aviation Safety Technician. His talk at our meeting on 15th August is entitled, "... and Over Here": a history of USA wartime aviation in East Anglia.

Finally, do remember that new members will always be very welcome to try out any class before committing.

Do check out the website: <u>u3asites.org.uk/stansted</u> or phone 07874385541 to find out more information about our variety of activities.

FOR SALE: Various railway books and ephemera, including replica life-sized loco headboards, and an Audley End light fitting - suitable for a flower planter. For further details, please call 01279 813273.



hpc (State Registered) Chiropodist CH09088

Home Visiting Practice

Mrs. Julie Golden Est. 1994 01279 873492

A professional service at a competitive rate

Call or Text 07921 429257




This year was a particularly good one in the reserve for Common Spotted Orchids.

This attractive Orchid takes its name from the leaves which are green with many purple oval spots although often hidden by the grass, as in the photo on the right.

The perfumed flowers are attractive to insects.

Another flower that has done well is the Meadow Sweet. There is a good patch in the rabbit exclusion area nearer to the Southern entrance to the reserve.

Take a moment to have a sniff, you will be rewarded with a heady, sweet, perfume.



However, all is not peace and tranquillity in the flower meadows, in fact the fight for survival is as fierce there as anywhere. The photo on the left is of a Flower Crab Spider which waits in flower heads for its insect prey. The spider relies on speed to seize the insect, often much larger than itself, and then subdue it with venom. In the photo a Honeybee is the unfortunate victim.



GARDEN HINT By Sue Johnson

DEAD HEADNG AND WATERING

Deadhead spent flowers. This prevents flowers from setting seed so your plants will bloom for longer. It's a pleasurable task that can be carried out with a pair of scissors in one hand and a watering can in the other! Water anything that looks in distress, in the morning or evening. But don't fuss about your lawn if it is looking brown. Once rain begins to fall, it will usually recover within 14 days. If you haven't got a water butt, order one.

Do-It-4U Repair, Care & Maintenance For your Home and Garden

- Plumbing, Electrical & Carpentry Services
- Drain Blockages Cleared
- Gardens Tidied & Maintained
- Hedges & Topiary Trimmed & Shaped
- Fences Erected & Repaired

<u>Telephone</u>

01279 814411

Mobile

07774 877320

Sheds & Other Sectional Buildings Erected



TO BOOK email: accounts@golfworldstansted.co.uk or cal 01279 812 865 Golf World Stansted, Hall Road, Nr Stansted Airport, Essex, CM22 6FL

THE HUNDRED PARISHES SOCIETY By Ken McDonald, Secretary · www.hundredparishes.org.uk

Amongst the rich heritage which is a distinguishing feature of The Hundred Parishes, there are many ancient houses that were built originally as a "hall house", sometimes referred to as an "open hall house".





Many surviving houses that were built between the mid-13th and early 17th centuries had a standard three-part layout: a central 'open hall' flanked by two crosswings. The crosswings were of two storeys and were the same height as the single-storey hall that linked them. Individual houses sometimes had variations to this basic design.

Daily life for members of the household was a communal affair, focused on the large central hall. It was heated by a fire that burned on a

central hearth, its smoke rising to escape through vents in the roof. The use of a chimney to remove smoke generally came only in the 16th or 17th century.

The crosswing at one end of the house contained a parlour with a chamber above called the solar, They were used by the head of the household and their immediate family. The other crosswing was a service area, accessed from a passage with front and back doors at either end. The passage also gave entry to the hall, from which it was partly screened. Each wing had its own stairs to the upper floor of that wing.

Between about 1550 and 1650 AD, the open hall concept became less popular, with a desire for more privacy. Most open halls were remodelled with the insertion of a floor to make them two storeys. The open hearth was replaced with a fireplace and chimney.

The society's website includes more than a hundred downloadable walk routes. Almost half of the routes pass a former hall house and these are identified in the route description.



Thundridge, Cold Christmas, Swangles

The Hundred Parishes is 450 square miles of northwest Essex, northeast Hertfordshire and southern Cambridgeshire that is largely unspoilt and is richly endowed with many fine examples of agricultural and built heritage The area has shared a common history which shaped and preserved its distinctive landscape of small and medium-sized farms linked by winding lanes and ancient rights of way to hamlets, villages and then to small market towns. For more information visit www.hundredparishes.org.uk.



mob 07932 666224

The Hair Loss Clinic North Hall Road, Ugley 07957 166436 www.hairlosslaserclinic.co.uk

08000 588057

14 Day Cooling off Period

The Hair Loss Clinic is a company set up to provide information, advice, support and above all solutions for people experiencing hair loss. Not only do we provide realistic and workable solutions to those suffering from hair loss but we are also specialists in after and on-going care for hair loss, giving you the very best support. We can help you through your journey from hair loss through to aftercare if your hair grows back. We provide a personalised service and will recommend the course of treatment or other solutions most appropriate to you.

We provide information, support and advice about your hair loss and identify the factors you will need to consider when choosing which solution is suitable for you.

We provide guidance on cutting and styling of your wig or integration piece and advice on what to do when your hair starts growing back.

Monthly Trichologist clinics are held with Eva Proudman, MIT IAT. Eva is widely known both in the UK and Internationally for her work with hair loss. She has appeared on TV many times and supports many major hair companies with her research into hair loss. All consultations are private and last for between 45 minutes and 1 hour; during this time all relevant areas of health, diet, lifestyle, family history, hair care regime will be discussed along with an in depth examination, including the use of a specialist scalp camera to arrive at a diagnosis and treatment plan.

Whatever the cause of your hair loss or the extent of the hair loss, we are here to help you.



Elsenham Men's Seniors

Elsenham senior golfers playing at Golf World Stansted are looking to welcome more members to join the men's senior group. Formed over 20 years ago this means the group is friendly and informal. We play 9-hole competitions with prizes every Monday and Thursday morning starting at 8am followed by time for coffee and chat in the clubhouse. Our regular 9-hole format is popular with seniors and fits in well as a half day activity.

Over the years the Elsenham course has matured well and we have developed with it to offer several annual group trophy competitions and regular home and away matches against other clubs. You can establish an official England Golf handicap as we are associated to England Golf. You do need to be a member of Golf World Stansted to be part of the men's seniors.

Many of our seniors have played with us for 15 years or more. We have players of many ages and abilities so new joiners will feel at home. If you are aged from 55 to infinity, you are welcome to join us, enjoy the golf, competitions and company. If you are interested in men's seniors golf, contact John Knight on P 07785 545474.

There is also the opportunity throughout the year to play club nights on Tuesday afternoons.

Continued from pg 9

comments from 1,700 respondents, and also further work that has been carried out to address the issues then raised. A wide-ranging and comprehensive period of evidence gathering and testing underpins these revised proposals. Taking back control of a Local Plan doesn't just mean housing numbers, it means that we have more influence insisting on high standards instead of just having to effectively take what the developers want, because we do not have a Local Plan.

The vote will be on July 30 for the Local Plan to go out to consultation. If the motion is passed then please do respond to the consultation.

Our next surgery will be on August 14 at Orwell House, Station Road, Elsenham CM22 6LA at 6pm.

August 2024



August 2024



The bowls season is simply flying past and by the time you read this, we will be looking forward to our Finals weekend on 31st August and 1st September. The weather so far this summer has not helped to encourage people to bowl. We have had several games in the rain, but the odd few days have been great. There is nothing better than bowling in the sunshine on a warm sunny day, enjoying the company of fellow bowlers, especially if you win as well.

We will have hosted the Dennyside Bowling Association who are playing us to raise funds for the Essex & Herts Air Ambulance. These are always fun days where the aim is to raise as much money for the charity as we can. I will let you know how much we raised in the next issue of the magazine.

In addition to our website, we have now joined the 21st Century with a social media presence thanks to Rob who runs the darts on a Sunday and Wednesday evening. If you are on Facebook, then you can follow our activities there. In September, the Wednesday evening darts will end with a Super League team commencing on a Monday evening in its place.

Ali Rose will have performed live in the club on 20th July and judging by our previous music artists, we hope, will have had a similar success. The next artist will be Dean Ferris on September 28th who will be doing music from the 60s to the current day. Tickets on sale shortly from the bar or from Trevor Hackett on 07445 437437 at still just £6 each including nibbles.

Our next Saturday night Bingo session is on August 17 with a current bingo bonus of $\pm 130!!$ For a chance to win come along to the club. Eyes down at 8 pm.

The highlights of the Calendar for August are:

- 17th Fun Day and BBQ
- 17th Bingo Eyes down at 8 pm
- 26th Cox Cup 1.30 pm
- 31st Finals Weekend

We also have home matches on August 3rd, 4th, 10th, 24th. Come and watch the bowling on any of these dates and maybe enjoy a refreshing drink while you sit in the sunshine.

If you wish to join as a Social or Bowling member, then either call in at the bar from 7 pm weekdays or contact the Secretary Therese Clear on 07759 158859.

We hope to see you in the club house soon.

Luxury Toilet Hire (UK) Ltd e Rickling Green Whether you are arranging a wedding, private party or corporate event, let Luxury Toilet Hire (UK) Ltd * Appointments from provide you with the perfect toilet facility to make your occasion a memorable success. 7am Mon-Sat Cesspit emptying also undertaken. * FREE easy parking Tel: 01371 873003 or 01279 504638 Email: info@luxurytoilethire.co.uk Web: www.luxurytoilethireltd.co.uk ★ Fully qualified & insured hillermatic We also hire out mobile fridge Call: 01799 542424 and freezer units. Please contact us for a quote: Text: 07791 058406 Tel: 01371 873003 or 01279 504638 Email: info@chillermatic.com Web: www.chillermatic.com

Essex Autospray

Your local Collision Repair Centre - Est 1982

- Free Courtesy Cars
- Free Estimates
- Low Bake Ovens
- Blackhawk Alignment



Tel: 01279 816296 E: info@essexautospray.co.uk

www.essexautospray.com

M11 Business Link, Parsonage Lane,

ELSENHAM TENNIS CLUB

By Petra Studholme 14667



Thank you to everyone who came to the Open Courts

during the Village Fete. Nice to see so many of our villagers wanting to find out more. The next event we have is our **Bank Holiday Tournament** which will be in a round robin (meaning everyone gets lots of games), doubles format, followed by a social BBQ to celebrate the winners.

We have some of the most reasonably priced subscriptions in the area. Adult: £80 Couple: £145 (living at same address) Family: £155 (includes 2 adults and all children living at same address) Senior: £50 (65 and over) Student: £45 (must provide us with a valid student card at the time of sign-up) Junior: £20 (under 18) Non-playing: £10

We have two all-weather courts and floodlights, so you can play before or after work. We are situated right in the heart of the village, on the playing field. You will get your own key to access the courts, can book online at your convenience and participate in our club events such as club nights and weekend or morning play sessions.

Morning Play: (Wednesdays and Fridays 10am – 12pm).

The best way to trial before you commit. If you fancy trying tennis again, you could always join us for our morning play before you sign up for full membership. There is a doubles format, gentle hit, welcoming small groups.

Coaching: individual and group sessions

We have individual and group coaching sessions plus cardio, which are run by our dedicated and experienced coach, Steve Smith. Get in touch with him via email: <u>stevesmith865@hotmail.com</u> or call/text 07790 561 817. Please note that cardio is open to non-members. Cardio is a great way to get or stay fit. Our coach's choice of music is sometimes questionable, but everyone is having fun and getting a great workout.

Hire our courts: open to non-members

Hire our courts to play with friends and family; £3 per adult and 50p for under 18s. You can email us or message on Facebook for availability but please, if possible, give us 24hours' notice as we need to arrange to open the courts for you.

Tennis Club Weekly Activities

Tuesday evening – 6.30pm cardio tennis (non members welcome) Tuesday evening– 7.30pm club night Wednesday morning – 10am causal play Thursday evening – 6.30pm beginners' group session Thursday evening – 7.30pm team practice Friday morning – 10am casual play Sunday afternoon – 2pm casual play

CALLING ALL ARTISTS & CRAFTERS in Elsenham, Henham and Ugley



ART & CRAFT EXHIBITION at Elsenham Memorial Hall

We are inviting artists and crafters from Elsenham, Henham and Ugley to take part in an exhibition. Art and craft must be original.

What do I need to do

Open to all from novices to accomplished artists and crafters. Pitches available are 6 foot tables £12 and 9 foot tables £18 and are the responsibility of the artist to stage and dismantle. The artist keeps all proceeds from their sales.

If you are interested in having a pitch please email elsenhamartcraft@gmail.com or call Elaine Atchison 01279 813755 for more information.

When and where

On Sunday 29th September 2024 In the Memorial Hall, Elsenham. The exhibition is free and open to the public from 10am to 4:30pm. It should be a great day, so please come and join us Refreshments will be available.

Elsenham Art & Craft Exhibition cannot take any liabilities for work displayed.

COOKERY CORNER

By Sue Johnson 🕾 812704

STRAWBERRY, BASIL AND MASCARPONE TART

(serves 10-12)



For the pastry: 200g plain flour 3 tablespoons caster sugar Zest of 1 lemon plus 1 tablespoon juice 110g butter, diced and chilled 1 large egg yolk Filling: ½ pack of basil leaves and stalks, plus extra small leaves to serve 400g strawberries, hulled and halved 2 tablespoons granulated sugar Juice of half a lemon 250g mascarpone 170ml whipping cream 2 tablespoons icing sugar, sifted 1 teaspoon vanilla extract

For the pastry, tip the flour, sugar, lemon zest and butter into a food processor. Pulse until the mixture resembles coarse breadcrumbs. Add the egg yolk, lemon juice and 2 tablespoons very cold water. Pulse until the dough starts to come together. Tip onto work surface and use your hands to shape into a ball. Wrap and chill for about 1 hour until firm.

Meanwhile, scrunch the basil in your hand and add to a large bowl with the strawberries, granulated sugar and lemon juice. Mix together, then set aside for 2 hours, stirring occasionally. Strain the strawberries in a sieve over a small pan, discarding the basil. Set the fruit aside. Heat the juices in the pan until reduced to a thin syrup. Allow to cool.

Roll out the pastry and use to line a 23cm fluted tart tin. Chill for 30 minutes. Preheat the oven to 180°C/160°C fan/gas 4. Put a large baking tray in the oven to heat up. Prick the base of the chilled pasty case with a fork, line with baking parchment and fill with baking beans. Slide on to heated baking tray and blind bake for 20 minutes. Remove the paper and beans. Bake for a further 10-12 minutes until dry and golden. Put on a wire rack to cool completely.

For the filling, put the remaining ingredients into a large bowl. Using a whisk, mix until well combined and thick enough to hold soft peaks. Spoon the mixture into the pastry case. Use a palette knife to smooth it out to an even layer. Spoon the strawberries onto the tart then scatter over some extra small basil leaves. Drizzle with the cooled strawberry and basil syrup to serve.

CHEF'S TIPS: To make the best pastry, keep everything a cold as possible. Put the water in a small bowl in the freezer for 5 minutes before adding it to the dough.



Can you believe that August will be the **first anniversary** for our wonderful Farmers Market, and we are so proud of it. We started with six stalls and sometimes we have as many as 14, full of lovely produce for you to enjoy.

We have varied the produce over the year, and we are now regularly bringing you everything needed to make Farmers Market weekends a real foodie celebration. You can get fresh fruit & vegetables, all things bread, mouthwatering cakes, locally produced meat, oils & conserves, healthy natural fruit juice shots, eggs, honey, savoury pastries, fish and something chocolatey or boozy to finish off. Even the dogs are catered for with homemade goodies.

Our stall holders can vary from month to month and our cheese seller and game meat seller are having the summer off and will return in September. Their products can be seasonal, but the quality is always tip top and there is something for everyone; so, if you haven't been for a while, do pop by.

Not sure what you want? Why not come for fresh barista coffee and cake, and have a browse at the produce whilst enjoying your drink? Most of the produce is homemade, so not only do you get to treat yourself to these fantastic goodies once a month, you are also supporting local businesses and coming together with our fabulous community.

We are open from **12.30-2.30pm** The Markets for the rest of the year are on the following Saturdays:-

31st AUGUST, 28th SEPTEMBER, 26th OCTOBER, and 30th NOVEMBER (for all things festive & more)

No charge for entry; just enjoy and immerse yourself in all the gorgeous produce.

Best wishes,

Elsenham Farmers Market Team

'To find yourself, sometimes you must lose everything. A shy but privileged elder son, Harry Cane has followed convention at every step. Even the beginnings of an illicit, dangerous affair do little to shake the foundations of his muted existence - until the shock of discovery and the threat of arrest force him to abandon his wife and child and sign up for emigration to Canada. Remote and unforgiving, his allotted homestead in a place called Winter is a world away from the golden suburbs of



turn-of-the-century Edwardian England. And yet it is here, isolated in a seemingly harsh landscape, under the threat of war and madness that the fight for survival will reveal in Harry an inner strength and capacity for love beyond anything he has ever known before.' So says the blurb on the back of the book.

• "A mesmerising storyteller; this novel is written with intelligence and warmth" *The Times*

This was the choice of the book group last month. We have enjoyed other Patrick Gale novels but agreed that some of his other novels were better than this one.

We first meet Harry in an asylum having treatment. We don't know why. Through flashback we learn that Harry marries into a large well-to-do Edwardian family unaware that he is gay. On their honeymoon, Winifred confesses that she is in love with another man who her family deemed unsuitable. They set up home in Kent with their daughter, until his brother-in-law, Frank, persuades him to invest in stocks and shares where he loses much of his wealth so they move back into Winifred's family home. After a trip to a theatre. Harry meets a speech therapist who promises to cure Harry's stammer. The speech therapist seduces Harry who now realises he is gay. Inevitably he is caught out and threatened with scandal. To prevent this his brother-in-law, Robert, convinces Harry to transfer his wealth to his wife and emigrate to Canada to start a new life as a homesteader. A man with no practical skills and who has never worked in his life does agree to this. He sets off, meeting Munck, a unpleasant man who brutally rapes Harry. Munck 'handles' the business in Canada so their paths will continue to cross. Harry is placed with a family who teach him and after a year, he 'claims' his homestead. A wild and unforgiving place but finds himself, conveniently, neighbours with a brother and sister from Toronto, Paul and Petra. Harry and Paul fall in love. However, as war approaches, Paul is goaded into joining the army.

We revert to a flash forward where Harry is moved from the asylum to an experimental mental health care centre, Here we learn what transpired after Paul left for the war and why Harry was in the asylum.

The story is tragic, exploring social disgrace, taboos, love and intolerance. Gale leaves a lot of space in the narrative for the reader to think, however, for some of us this signposted the tragedies and created a very slow plod through the novel.

Published by: Tinder Press ISBN: 978-1472205315

Editorial Information

Articles

The **last day** for editors to receive articles, advertising and letters, which must contain the author's name and address (which may be withheld), is the 8^{th} of each month.

Articles should ideally consist of a half page of A5 or a full page of A5. Articles over these sizes or letters containing more than 500 words may be edited depending on space.

Copy submitted after the 8^{th} may not be accepted but will, if deemed appropriate, be held over to the next month. We are happy to receive hand written articles which ideally should reach us earlier than the 8^{th} to allow for scanning etc.

Dates for the Diary must include date, event, venue and time.

Please submit all articles, adverts, letters and queries to the editorial team at: elsenhamnews@hotmail.co.uk

General Notes

Whilst every effort is made to ensure that information is correct, the editorial team cannot be held responsible for any inconvenience caused through errors or omissions.

The views expressed within this magazine are not necessarily the views of the editorial team or Elsenham Community Association (ECA).

The editors and the ECA can accept no responsibility for the goods or services advertised in the magazine. Advertisements are included in good faith. The editors reserve the right to allow replies to letters/articles to be made in the same edition when appropriate.

The editors' decision is final.

Wanted/For Sale items: individuals may submit short details of items wanted or for sale etc at no charge. These will be included in the next available issue of the magazine subject to space and acceptance by the editors.

Subscriptions

Elsenham News is available by email (on a pdf) at no charge, or through the post at a cost of £13 per annum. Contact *elsenhamnews@hotmail.co.uk*

Advertising

The costs are as follows:

	Single Insertion	Annual Cost (11 issues)
Half Page	£20.00	`£190.00 ´
Quarter Page	£10.00	£100.00
Inside Page	£50.00	n/a
Back Page	£75.00	n/a

Village organisations attract reduced rates, £5 for ¼ page. Half and full-page adverts attract full rates.

To place an advertisement:

If you have any queries, please email us. Please send your advert as Word or Publisher via email to: elsenhamnews@hotmail.co.uk

Advertising Editor: TBA

Business Advertising

Cheques should be made payable to "Elsenham Community Association".

Editorial Team: Gary Williams Emma Bailey Marion Giles Patricia Davis Anne White Nyaradzo Chabata Angie Wenlock David Newland

Previous issues of Elsenham News are available on the ECA Website

www.ElsenhamCommunityAssociation.org.uk

MacMillan Coffee Morning 27 September Bowls and Social Club Dean Ferris Sings 28 September Bowls and Social Club Art and Craft Exhibition and Sale 29 September Memorial Hall Quiz 5 October Bowls and Social Club

VILLAGE CONTACTS

V ILLAG	E CONTACIS	
Airport Roadside Parking	0800 7	731 2385
Beavers	1sthenhamandelsenham@gmail.com	
Bowls Club	Therese Clear 816535 or 07759	9 158859
Brownies	elsenhambrownies@gmail.com	
Church Office (Old Frank's, High St, Elsenham)	Anna Hicks	814285
County Councillor (Stansted)	Ray Gooding	813103
Cricket Club	David Brown	831011
Cub Scouts	1sthenhamandelsenham@gmail.com	
ECA (Chairman)	Allan Hathaway	813385
ECA (Secretary)	Moyra Jackson	647351
ECA Website	www.ElsenhamCommunityAssociation	1.org.uk
Elsenham Eagles	elsenham.action@btinternet.com	
Elsenham Farmers Market	elsenhamfarmersmarket@gmail.com	
Elsenham Surgery	www.elsenhamsurgery.nhs.uk	814730
Elsenham C of E Primary School	Linda Todd Headteacher	813198
Elsenham Church PCC Secretary	David Hill	812397
Elsenham Fete	ElsenhamSummerFete@gmail.com	
Elsenham Rights of Way website	www.e-voice.org.uk/erowos/	
Friends of Elsenham School (FOES)	Louise Judd foespta@hot	
Guides elsenhamguides@gmail.com		2 572423
Henham & District Garden Society	Moyra Jackson	647351
History Society	Mike Rea evhs12@hotmail.co.uk	
Member of Parliament		219 5214
Memorial Hall Bookings	Cheryl Rae	817834
Neighbourhood Watch Co-ordinator	••••••	1 728332
	franceslambertnhw@btinternet.com	
Parish Clerk - Louise Johnson	1 00	6 791727
Elsenham Parish Council Website	www.elsenham-pc.gov.uk	
Police		101
Post Office		812175
Rainbows	elsenhamrainbows@gmail.com	
Scouts	1sthenhamandelsenham@gmail.com	
St Mary's Fabric Fund	Elizabeth Barker	813543
Tennis Club	Petra Studholme	814667
Tots & Toddlers	Dawn Temple 07944	4 841358
Uttlesford District Councillors	Petrina Lees	816675
(for Elsenham & Henham)	Bianca Donald 0794	1 880279
Village Hall Bookings	elsenhamvillagehall@gmail.com	
Womens Institute Secretary	Gill Hathaway	813385
Youth Football Club (Chairman)	Ricky Lambourne info@elsenham	yfc.co.uk

If you would like your village organisation contact to appear regularly in the magazine, please contact one of the editors, see opposite for details.



August 2024