

Elsenham News



**ELSENHAM FLOWER
SHOW SOCIETY
SHOW SCHEDULE 2023
(Centre Page Pull Out)**



elsenhamsnews@hotmail.co.uk

August 2023
75p where sold

Elsenham Village Regular Weekly Activities

Day	Time	Activity	Location
Monday	9.30-10.30am	Zumba	Memorial Hall
	10.30am	Health walk	Start at De Mandeville Green
	7-7.45pm	Boxercise	Village Hall
	7.30-8.30pm	Shape to the beat	Memorial Hall (not 1st Monday)
Tuesday	9.30-10.30pm	Touchpoint Food Share	Bowls & Social Club
	4.45-5.45pm	Rainbows	Memorial Hall (term-time)
	4.45-5.45pm	Beavers Group 2	Henham Village Hall (term-time)
	6-7.15pm	Cubs	Henham Village Hall (term-time)
	6-7.30pm	Brownies	Memorial Hall (term-time)
	7.30-10.30pm	Tennis Club night	Tennis Courts
	8pm	Fitness Yoga/Pilates	Memorial Hall
Wednesday	9.45-11.30am	Tots & Toddlers	Memorial Hall (term-time)
	5.30-7.30pm	Slimming World	Memorial Hall
	5.45-6.45pm	Beavers	Henham Village Hall (term-time)
	7-9pm	Scouts	Henham Village Hall (term-time)
Thursday	6-7.15pm	Cubs	Henham Village Hall (term-time)
	6.45-7.45pm	Jump Fit	Elsenham Village Hall
Friday	10-11am	Little Fishes	Memorial Hall (term-time)
Saturday	9am-12pm	Junior Football	Playing Field
	8.45-9.30am	Little Kickers Mighty	Village Hall (term time)
	9.35-10.20am	Little Kickers Junior	Village Hall (term time)



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THE NEWS REPORT

From The Editors



It's difficult to believe that summer is here already, and that we are now more than half way through the year - how time flies when you are enjoying yourself!

Last month we enjoyed the village fete, and had sunshine on the day for the first time in many years. We have recently enjoyed the re-opening of the Crown and we wish them every success. Let us hope that our children enjoy their summer holidays and no harm comes to them (see Neighbourhood Watch on page 15).

Elsenham Flower Show Society annual show is detailed in our centre page pull out. Why not enter? Have a go, there are so many categories to choose from.

As the village continues to expand, our front cover this month reflects the history of the village. The church (St. Mary's) has been with us since 1110, and remains somewhere for villagers to enjoy to this day.

Ray may be reflecting on past (better?) days (see page 35) but no matter what changes are thrown at us, Elsenham remains a great place to live.

What would make it even better would be a little more policing, so please read page 17. It may be you that the Parish Council seeks. You could make so much difference and help keep this village a safe and pleasant place to be.

All we need then is for Uttlesford District Council to extract a digit or two and provide us with the protection (for what it is worth) of a Local Development Plan. At least then, if we must have expansion, it has some control and guidance.

Enjoy your summer.

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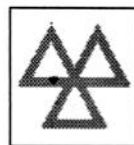
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DISTRICT COUNCILLORS' REPORT

By Cllr Bianca Donald

✉ Cllrdonald@uttlesford.gov.uk

✉ Cllrlees@uttlesford.gov.uk

☎ 07941 880279

☎ 816675



It has been a busy time following the election and we thought we would give further insight into our work as Councillors. It is important to attend as many training sessions and information briefings as time allows.

Bianca has attended Scrutiny training and has contributed to her first committee meeting. Training sessions have covered Safeguarding, Community Safety, Communities programmes, Effective decision making, Council Finance and Investment Training, Local Plan training, Audit and Standards, Code of Conduct, Planning (though not on the planning committee), which helps with ward planning applications and as Deputy Chair of Elsenham Parish Council. Many papers are being read along with continuous learning.

A snapshot of Petrina's work as Leader so far includes:

Overseen all the committee and external body appointments. Welcomed a new Assistant Director of Housing, Health and Communities – an absolutely key appointment, who will be a huge part of the solution to the problems we have in properly looking after our 2,800 council houses. Interviewed and offered the job of Head of Legal Services and Monitoring Officer to an experienced candidate, despite this being an Incredibly hard post to recruit. Appointed an ecologist under planning. Overseen our Draft Corporate Plan (this sets out our priorities over the next four years). Seen steady progress in continuing with our Local Plan - still on track to be ready to go out for public consultation this autumn. Met with the Planning Advisory Service Peer Review Team, who came to inspect our Development Management Function. Pressed on with recruitment campaign which has filled in all but one of our bin loader vacancies – as we have had unusual delays in recent weeks due to staffing vacancies and sickness. Spoke at the Staff Conference and co-hosted the annual staff garden party. Met with leaders of all other Essex Authorities to discuss our combined response to the refugee crisis. She also met with other leaders to discuss a combined response to Government, which will hopefully stop them picking Stansted every time. Attended multi-agency roadshow in Elsenham. She has been working on a blueprint for Uttlesford to help save monies in the future.

We are delighted to have begun to distribute some of our Ward Initiatives monies and welcome further applications.

Do come and meet us at our surgeries or contact us to discuss anything in this article. The next surgery will be on Thursday August 24 at Orwell House, Station Road at 6.30pm.

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ELSENHAM PARISH COUNCIL JULY 2023

By Louise Johnson, Clerk. ✉ louise.epc@gmail.com ☎ 07456 791727



The New Community Centre Working Group held a meeting on June 29. A document showing the costing and time scale of the project was presented. The total funding required is approximately £2,775,000, with the time scale for building the hall just under 3 years. The total of Section 106 money from developers is £2,026,154. However, it is unknown when (and if) all the payments will be made. The Parish Council are looking at fund raising to bridge the shortfall. If there is anyone in the village who feels they can help with fund raising, please email the Parish Clerk.

There has been correspondence from residents regarding parking in the village. Airport parking is still a big issue on some of the developments; Daniel Burford from Stansted Airport Consultative Committee said there was no real satisfactory conclusions. Parking at Oziers is a problem as there are just too many cars and not enough parking. The Parish Council had looked at ways to solve this problem, but with no success. Parking on Station Road is also causing problems as the yellow lines have worn away and people are parking anywhere along the road – this will be reported to the Essex Parking Partnership.

The Parish Council has always been mindful in keeping the precept as low as possible for residents. However, some budgets have accrued large increases this year due to inflation, which is putting a strain on the Council's finances. It is important that all councillors try and limit spending as much as possible.

Plaques had been placed in the flowerbeds by the Memorial Gardens showing sponsorship from Stansted Golf Club, who have kindly donated £500.

Some residents of Elsenham are looking to set up a monthly Community/Farmers Market in the village where they would like to sell local produce from small independents. It was agreed at the meeting to change the Allotment Tenancy Agreement to allow allotment holders to sell some of their products at the market, with the proceeds returned to the allotments or for charitable purposes.

As from July 31 2023 the 7 and 7A busses will be operated by Stephensons of Essex.

Despite promises from the landowner to repair the War Memorial in Church Lane that was damaged by the lorries delivering earth to the adjacent field, nothing has been done. Allan Hathaway is now very kindly reconstructing the War Memorial as closely to the original as he can, using what was left of the original memorial and local materials. A big thank you to Allan from the Parish Council and residents of Elsenham.

Elsenham is still looking for a Community Special Constable. If you would like to find out more about how you could make a real difference in Elsenham and play a part in keeping it safe, go to www.essex.police.uk/communiyspecials


The next Parish Council meeting will be Monday 7 August, 8pm in the Memorial Hall.



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DEVELOPMENT DEVELOPMENTS

By *Graham Mott* ☎ 812516 ✉ motts@grahammott.plus.com



As indicated by **STOP PRESS** last month, decisions regarding two developments in the area were issued by the Planning Inspectorate in June. First, the result of the application to build 130 homes in the field opposite the Crown was made known. Essex Highways had, for once, objected to the proposal on the grounds that the cumulative impact, in particular in Stansted, would be severe. The Inspector chewed it over, mixed it in with the applicants' usual excessive reliance on computer modelling and the argument that this proposal itself would not make much difference, and concluded that the cumulative impact would not be severe at all. He didn't quite say that the route through Stansted is perfect in every possible respect, but he didn't make much of any imperfections either.

The Inspector gave disappointingly short shrift to other objections raised by the Parish Council. He was dismissive of claims that the position near to the ancient heart of the village resulted in an impact on heritage assets, and gave no more credence to the contention as to cumulative impact on the village than he did to cumulative impact on the highways. The usual nonsensical arguments were rehearsed as to the supposed social and economic benefits, all of which rest on the assumption that an increase in population must in itself be a good thing. Thus he said that there will be an economic benefit by way of increased spend 'in the local area', which in practice means more car journeys to Stansted and Stortford. The new housing will 'maintain a balanced community', as if without it the village would stagger uncontrollably and then fall over. You expect this sort of piffle from developers, who are bound to make the best of their case; but to find it repeated by the Planning Inspectorate leaves any sane person close to hair-tearing despair.

24 hours later came the news that the Appeal against refusal of 50 (not 20 - last month's proof reader has been admonished severely) new homes to the south of Bedwell Road had been allowed. The issue here was all about the noise from the motorway. The application had been refused by Uttlesford District Council's Planning Committee, but, for reasons which remain unclear, UDC decided not to contest the appeal. It should have seemed a simple matter to claim that the Gladman application north of Bedwell Road was refused on grounds of noise and therefore the application for 50 to the south should be refused for the same reason.

The Inspector, however, had other ideas. He was much taken with the applicants' hare-brained scheme whereby three-storey blocks of affordable flats will be erected on the side of the site nearest the motorway in order to baffle the noise, to the benefit of the more affluent residents of the market houses below. The developers claimed that the flats can be erected in such a way that habitable rooms are kept away from the side towards the motorway. The Inspector was unimpressed by the argument that the arrangement must result in some implausibly large bathrooms and some remarkably small bedrooms.



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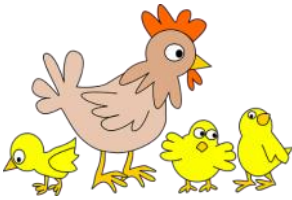
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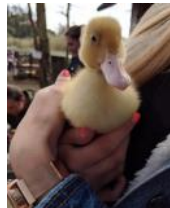
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Please book via our website,  [daisy.maysfarm.org](https://www.daisymaysfarm.org) and check our Facebook page for up and coming events and exciting activities.

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Most importantly, we are **OPEN EVERY DAY**, so there is no excuse for you not to come and see us. Entry is £5 (under 1s free) and it really is a fabulous day out for all the family.



There really is so much to do and see at the farm and our animals just love seeing you all. So do be sure to come and see us over the summer. Can't wait to see you.

We **always** need help in so many ways, particularly when there is **so** much to do. So if you have a little time to spare, **please** get in touch, we would **love** to hear from you. Please contact  07747 787973 or take a look at our website  www.daisymaysfarm.org to find out more. Thank you so much.



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NEIGHBOURHOOD WATCH

By Frances Lambert ✉ franceslambertnhw@btinternet.com



There has been a lot of reports of dangerous off road motor bike activity that has been sent to the police, and they are trying to identify who the bikers are, and where they come from, before a serious accident occurs.

If you have any information as to when or where these bikers are out, please let PC Steve Sharma at steve.sharma@essex.police.uk know. If you have any idea who they are, or have any ring doorbell footage of them, please let him know, and pass it onto his email address. Any information received will be used in confidence and your identity will not be revealed.

A resident recently sent me ring doorbell footage that shows two bikers narrowly missing a small child as they raced down the pavement, with a mother frantically trying to stop the second bike as she saw and heard it approaching. This footage has been sent onto the police.

The footage I watched was chilling, and the child was missed by only a fraction of a second, and the biker never stopped to see if the child was OK. Please help to stop these bikes before an accident happens.

If you have any information regarding incidents contact Essex Police on ☎ 101 or Crimestoppers anonymously on ☎ 0800 555 111.

Our Thanks To..... Golf World

On behalf of Elsenham Flower Bed Committee (part of Elsenham parish Council) we would like to thank Mr Rofu Miah, owner of Stansted World of Golf, for his support in sponsoring the diamond beds in front of the Memorial Gardens at Ambrose Corner and the larger bed opposite at the start of Stansted Road.

With his sponsorship we have been able to restock the diamond beds with plants and replace all the roses. We will soon replace the plants at the larger bed in Stansted Road.



Seen here is Mr Miah and Moyra Jackson (flower bed committee chair)

And To..... Corrs

Thank you to Corrs for supplying a skip for the fete free of charge, very useful and very much appreciated - Allan Hathaway

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ELSENHAM COMMUNITY SPEED WATCH

By Frances Lambert ✉ franceslambert1964@mail.com



As the school holidays begin, please be extra mindful of your speed as you drive through our village, or any 30-mph area. Despite all our advice and warnings to our children to take care on and near the roads, when school is out, they sometimes forget our advice when out there.

Statistics show an increase in accidents in their holidays not only on the roads but from swimming in ponds and rivers. So let's do our bit to help by lowering our speed and keeping an eye out for any little people rushing to meet their friends who may briefly forget to stop at the kerb.

A safe and happy holiday to all children, and we hope the weather is good for you.

SPECIAL CONSTABLE IN ELSENHAM

By Frances Lambert

✉ franceslambert1964@gmail.com



In May I asked for your help, as the Parish Council are trying to recruit a Special Constable for our village, and we are looking for that "Special Person" to fill this role. In case you missed the article or have been thinking about applying, here are some of the points I previously raised.

As a Special, you will work closely with other officers to patrol the streets, respond to crimes and emergency situations, and engage with members of the public. You will have the same powers as regular officers, under the command of regular senior officers, and with your own rank structure. But being a Special isn't just about law enforcement; it's about giving back to the community in a meaningful way.

Becoming a Special Constable in Elsenham is a great way to give back to your community while gaining valuable skills and experiences. If you're passionate about making a difference, want to challenge yourself, and gain insights into the law enforcement profession, then this could be the perfect opportunity for you. By joining the police force as a Special, you will be making a positive impact on the safety and well-being of your community while expanding your personal and professional horizons. So why not consider becoming a Special Constable today? Your community and your future self will thank you for it.

To take that first step so I can help you get started please call ☎ Frances Lambert 07771 728 332 or email me at the above address.

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ELSENHAM VILLAGE HISTORY SOCIETY

By Mike Rea, Secretary ☎ 813634 ✉ evhs12@hotmail.co.uk
🌐 www.elsenham-history.co.uk



As I sit down to write these notes, the village fete is but a distant memory, however I would like to thank all those who came along to look at what we are doing and have a chat. Hopefully you learned something you didn't previously know about the village and so made our efforts just that little more worthwhile. Thank you one and all.

Last month I promised you a bit about the Stansted Windmill, the subject of our June meeting. Our speaker was Tony Wellings, a long time supporter of the Stansted Mill Trust. He told us that their mill was a tower mill built in 1787 with a rotating cap that at first was turned into the wind by hand. Over its life, several improvements were made. The addition of a fantail made the cap move into the wind automatically and the original manually adjusted sails were replaced by slatted sails that could be adjusted remotely to control speed and prevent damage in a storm. The mill was built where it was because it was expected that a canal would be built connecting Cambridge to Bishop's Stortford and the Lea Navigation providing easy transport to London for the finished flour as it passed through Stansted.

This never happened of course, but more information about what may have been can be found on our website; look for "The Canal that Never Was".

The mill suffered a chequered history not least because of the non-appearance of the canal and several owners went bankrupt. It was not for nothing that milling was known as a financially perilous occupation. The mill remained in business until 1910. but lack of funds over the years meant that the mill remained largely unmodernised. James Blyth, later to become the first Lord Blyth, bought the mill in 1887 and his son instituted initial preservation work in 1930 before gifting the mill to the parish in 1935.

In 1941 the mill was used as a headquarters by the local Scout troop (they left in 1963) but by then the condition of the mill was deteriorating. In the late 1950s a preservation society was formed to look after the mill and major restoration work started in 1966 after which the mill was in pretty good order. A further restoration effort took place in the 1980s. Being 18th century technology, the mill is prone to break down and it is then down to the expertise of the volunteers to get it going.

We have written a lot about the good that Sir Walter Gilbey did for Elsenham. The Jam Factory, Village Pump, High Street Cemetery and even our own Strawberry Fields. As always you can find out about all these on our website. Anyway, Sir Walter's largesse spread outside the village and in September, John Rhodes will be coming to speak to members about his activities to improve the lot of the folk in Bishop's Stortford.

Come along on September 13 to find out more, all are welcome.



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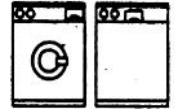
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ELSENHAM WOMEN'S INSTITUTE

By Gill Hathaway ☎ 813385



Well it's been another busy few weeks at Elsenham WI. Our garden crew - Moyra, Gloria, Barbara, Sue C, Sue W, Penny and Julie weeded, pruned and planted the two beds in the Memorial Hall gardens, just in time for the Fete. (If anyone is using the Hall and can give them a water, please do.)

Talking of the Fete, if you ventured into the Hall, you would have seen our merry band serving the teas, coffees and cakes - mostly handmade by our WI ladies. It's a lot of work but enjoyable and we're happy to help out the ECA on these days.

At our June meeting we had the opportunity to take a breath and practice some mindfulness with Donna Negus. It was a good reminder that we do need to make time for ourselves.

Following on from our trip to the National WI Annual Meeting mentioned last month, 11 members travelled down to Southend for the Essex Federation's Annual Meeting.

This was a great day with Gregg Wallace speaking in the morning and Danny Foster's fabulous Soul show in the afternoon. All that and fish and chips too!



Following the meeting we were delighted and proud at the announcement that Moyra, our President, has been appointed as Chair of the Federation of Essex WIs and we wish her every success in her new role.

Our August meeting on August 17 is our summer celebration and we will be entertained by the Silver Darlings, Southend's all-female sea shanty crew. We are looking forward to a lively sing-along. Before then we have our monthly Crafternoon, Natter Night, Ladies who Lunch and Bookworm meet ups – never a dull moment!

We have a wonderful programme of events this year. It is a really good way to meet new friends. While we are very proud to be steeped in Jam and Jerusalem traditions, Elsenham WI is so much more than that and we are always happy to dispel any stereotypes associated with the WI. Why not come along (or come back)? Visitors and new members are always welcome, and you can join at any time throughout the year.

Details of our programme, events and activities can be found on Facebook, Twitter and Instagram – search for Elsenham WI. Visitors are welcome to our monthly meetings so please come along. We meet at 7.45pm on the third Thursday in the month in the Memorial Hall.

Elsenham WI – There's a lot going on!



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Stansted Airport Watch (SAW) Patron Terry Waite has been appointed Knight Commander of the Order of St Michael and St George (KCMG) in the King's first birthday honours list. The appointment recognises Sir Terry's many years of charitable and humanitarian work.

As a Church of England envoy, Terry Waite had travelled to Lebanon in January 1987 in an attempt to secure the release of four hostages, including the journalist John McCarthy, whose family were from Broxton. Terry Waite was then himself kidnapped and held captive by Islamic Jihad terrorists until November 1991. He was kept in solitary confinement, forced to put a blindfold on when anybody came into the room, faced a mock execution and was beaten.

Sir Terry has long been a stalwart supporter of Stop Stansted Expansion, and then Stansted Airport Watch, despite living more than 30 miles away, in Suffolk. On becoming SSE Patron, in September 2003, he explained the reasons for his passionate support for the campaign:



“When I first heard of the proposals for the expansion of Stansted Airport, I was amazed given the fact that three independent inspectors had completely ruled out any further development. The expansion of Stansted would undoubtedly mean that the total character of the area surrounding Stansted would be entirely changed – and very much for the worse.”

“Contrary to what has been reported,” he continued, “I do not live adjacent to the airport and therefore would not be personally directly affected. However, it is my firm belief that over time our countryside and rural communities are being ravaged and we will all lose out in the long term as a result.”

Age 84, Sir Terry is still our Patron today. The KCMG recognises service in a foreign country or in relation to Foreign and Commonwealth affairs.

Upon receiving his honour, Sir Terry commented: “I suppose it's a peak, really. I was given an MBE many years ago and then I got a CBE several years afterwards. Now this is the next one up, so to speak. I think I've been very fortunate to get this because there are many other people who are deserving of honours who don't get mentioned.”

ST MARY'S CHURCH ELSENHAM

Office@heuchurch.co.uk

Thought For The Month by *Louis Wilson*

If you're looking for something to read over the summer, I might suggest a book called *God's Smuggler* by Brother Andrew (a Dutchman who died quite recently aged 94). He tells how before the collapse of Communism, he smuggled thousands of Bibles and preached the Gospel in the countries of Eastern Europe.

Very soon after he started he found himself in Belgrade, the capital of what was Communist Yugoslavia, and speaking to a very full church. At the end, he invited people who wanted to make a commitment to Christ to raise their hand. Every hand in the room went up. Oh no, he thought, this is not good at all! They clearly haven't understood a word I'm saying!

And so he explained again what a serious step this was. He made the conditions of Christian discipleship under a hostile government painfully clear. He made the cost of following Christ painfully clear. And this time he said: if you want to commit your life to Christ, stand up! Every person in the room stood up.

Reflecting on this, Brother Andrew said: I was astonished. I had never before seen such readiness to bear the cost of following Christ.

The call to costly discipleship is unmistakably woven into the fabric of the Bible because Christians follow Jesus Christ the self-denying and crucified servant Messiah. His call is unmissable. Yet in many ways, we live in a culture (and dare I say a church) often defined by our need for

self-fulfilment and our pursuit of self-interest.

But the call of Christ is to follow where he has gone: to a life of radical and costly self-sacrifice in our work, our commitments, our time, our money, our attitude, our relationships, and above all our hearts. At first glance, this looks pretty unappealing - but it actually turns out to be a life of real satisfaction, joy and blessing.

I think of a woman called Gladys Aylward who puts this so well. She left her life of self-indulgence (men, drinking and gambling) and went to China as a missionary in 1932. After a lifetime of Christian service, she said this:

I have not done what I wanted to. I have not eaten what I wanted or worn what I would have chosen. I have lived in houses that I would not have looked at twice. I longed for a husband and babies and security and love, but God never gave them. Instead he left me alone for 17 years with one book – a Chinese Bible.

I don't know anything about the latest novels, pictures or theatres. I live in a rather outdated world and I suppose you would say it is awful miserable isn't it? But friend, I have been one of the happiest women who stepped the earth. I have known the heavens opening and the blessing tumbling out.

Such has been the testimony of so many Christians all through the ages. With best wishes,



ELSENHAM FLOWER SHOW SOCIETY SHOW SCHEDULE 2023

(* Trophy Classes)

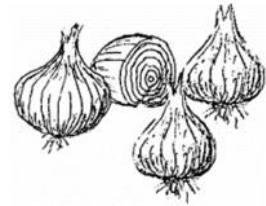
FLOWER Classes:

1. Specimen Rose (named if possible), all buds should be removed *
2. 3 Specimen Roses (any variety or varieties), all buds should be removed *
3. 3 Stems of Floribunda Roses
4. 3 Decorative and/or Ball Dahlia Blooms
5. A Mixed Vase of Dahlias – 5 blooms or more
6. 3 Dahlia Blooms (bedding/dwarf variety)
7. 3 Cactus/semi-cactus Dahlias
8. 5 Stems (each one a different flower) *
9. 9 Sweet Peas *
10. 5 Asters (all singles or all doubles)
11. Vase of 'Shades of Red' Flowers (up to 5 stems)
12. 3 Spikes Gladioli
13. 3 Pansy heads floating in a saucer of water
14. Vase of Penstemons (3 stems)
15. Vase of Foliage - 5 kinds
16. My Best Bloom *
17. Flowering Pot Plant (not fuchsia, begonia, geranium or orchid) *
- max. pot size 20cms (8")
18. Foliage Pot Plant - max. pot size 20cms (8") *
19. Geranium Plant in Bloom - max. pot size 20cms (8") *
20. Bush Fuchsia Plant in Bloom - max. pot size 20cms (8") *
21. An Orchid Plant in bloom - max. pot size 20cms (8")
22. A Begonia Plant in bloom - max. pot size 20cms (8")
23. Succulent/Cactus in container - max. 20 cm (8") diameter
24. Fuchsias – 6 flower heads –mounts for flowers supplied at the Show
25. **CHILDREN ONLY** - A Posy in a Jar. *
26. EFSS TOP VASE CLASS

VEGETABLE/FRUIT Classes:

All vegetables and fruit shall be of the same cultivar, unless otherwise specified.

27. Herbs - one vase - 3 kinds
28. My Best Herb, as grown (max. pot 15cm (6"))
29. 3 Sweet Peppers (with some stalk attached)
30. 6 Hot / Chilli Peppers (with some stalk attached)
31. 4 Carrots (with 7.5cms (3") tops)
32. 4 Potatoes (coloured)
33. 4 Potatoes (white)
34. 6 Pods of Runner Beans (with some stalk attached)
35. 6 Pods of Dwarf French Beans (with some stalk attached)
36. 1 Lettuce (with root)
37. 4 Tomatoes, not cherry (ripe with stalk)
38. 6 'Cherry' Tomatoes (ripe with stalk) not exceeding 3.5 cm diameter
39. 1 Cucumber
40. 2 Marrows
41. 4 Onions each one 250 grams or under
42. 4 Onions each one over 250 grams
43. 2 Courgettes (10 – 20cms long, or if round, 7.5cm dia. approx.)
44. 5 Shallots
45. 3 Beetroots (with 7.5cms (3") tops)
46. 2 Of the same kind of vegetable not already listed
47. 3 Bulbs of Garlic
48. 1 Vegetable Oddity
49. Heaviest Marrow *
50. Heaviest Onion *
51. Heaviest Potato
52. Longest Runner Bean
53. Longest Stick of Rhubarb
54. Plate of Fruit, one variety, not already listed (all fruit with stalks, if possible) max. plate diameter 23 cms (9")
55. Plate of 3 Dessert Apples (with stalks, if possible) max. plate 23cms (9")
56. Plate of 3 Culinary Apples (with stalks, if possible) max. plate 23cms (9")
57. **CHILDREN ONLY** - 'A Vegetable Family', made from a selection of vegetables and/or fruit; max. overall height, width and length – 30cm (12")
58. EFSS TOP TRAY CLASS



PRODUCE Classes:

Jars to be filled and covered with clear cellophane tops except for Classes 65 and 67.

59. 1 Jar Marmalade
60. 1 Jar Strawberry Jam
61. 1 Jar Raspberry Jam
62. 1 Jar Stoned Fruit Jam
63. 1 Jar Fruit Jelly
64. 1 Jar Lemon Curd
65. 1 Jar Chutney
66. 1 Jar of Preserve, not already listed
67. Bottle of Home-made Liqueur (e.g. Sloe Gin) *

BAKING Classes:

68. **MEN ONLY** 5 Sausage Rolls *
69. 'Show Stopper' – Let your imagination run wild!
70. 5 Ginger Biscuits
71. Marble Cake
72. Savoury Quiche
73. Granary Loaf
74. Butter Scotch Apple Meringue (*recipe on request*)
75. **CHILDREN ONLY** - 3 Pieces of Rocky Road



FLOWER ARRANGING Classes:

*All arrangements in the classes must use fresh flowers and foliage. Boards 60cms x 60cms (24" x 24") will be available upon which arrangements must be displayed, with the exception of Class 76. For classes 77, 78 and 79, arrangements must be displayed within the area of the board. **No part of the arrangement may exceed the size of the board.***

76. A Miniature Arrangement (**max. 10cms (4") overall**) *
77. 'A Sign of the Zodiac'
78. A Dinner Table Arrangement in a Drinking Glass *
(e.g. wine, champagne, brandy)
79. 'Green is the Colour', *an all foliage arrangement.*

HANDICRAFT Classes:

No exhibit will be accepted which has been exhibited at a previous show or is more than three (3) years old.

80. An Article of Crochet *
81. A Piece of Origami
82. A Hand Knitted Article *
83. An Article in Cross Stitch using Embroidery Silks
84. A Picture in Any Medium (max. size 45cms (18") square)
85. A **Handwritten** Limerick – 'There was a young man from Dundee' *
(to be mounted on card measuring 15cms x 20cms (6" x 8"))
86. **CHILDREN ONLY** 'A Decorated Stone', max. size to be 15cm (6").

PHOTOGRAPHY Classes:

Photographs should measure 15cms x 20cms (6" x 8") and labelled, and be mounted on stiff card, measuring no more than 18cms x 23cms (7" x 9").

Entries must be original photographic images; no computer created pictures will be accepted.

87. 'Colour Green'
88. 'Close Up'
89. 'Worm's Eye View'
90. 'Sporting Life'
91. **CHILDREN ONLY** 'A Bug's Life'

ELSENHAM FLOWER SHOW 2023 RULES OF THE SHOW

1. The competition is open to all living in the Parish of Elsenham. Outside exhibitors are at the discretion of the Committee.
2. **Staging from 9.00 to 10.45am** on the morning of the show.
3. Judging is from 11.00am (public not admitted).
4. The show is open to the public from 3.00pm. Admission - £1-00; accompanied children are free.
5. Stewards will remove donated exhibits (see rules 7 and 13) from the show benches at the end of the show (approx. 4.00p.m.). An auction will be held for donated exhibits, after which the presentation of awards will be made.
6. Entry money - Each exhibit charged at 40p. For 10 or more entries (total) equals £4-00.
7. Upon arrival, competitors will be given class cards, each one to accompany each article exhibited. Each competitor will be given an exhibitor's number. Vases, paper plates and saucers will be made available, **with the exception of Class 26**. Exhibits to be retained by competitors will be marked by a coloured sticker on class cards.
8. All exhibits must be grown or made by the exhibitor (with the exception of the Flower Arranging Classes).
9. Only one exhibit allowed in each Class per person. **Please note that only entries with one name per exhibit will be accepted, including Children's Classes.**
10. Children Only entries - Free
11. Children may enter main classes, but Rule 6 charges apply.
12. Certificates will be awarded to the first three placings in each Class.
13. **Each** exhibitor must complete an Entry Form. Entry Forms, together with appropriate fees, must be submitted by **Sunday, 13th August 2023** (see entry form on pg30 for details).

PLEASE NOTE: ANY EXHIBITS TO BE RETAINED MUST HAVE THE APPROPRIATE CLASS NUMBER CIRCLED ON SUBMISSION OF THE ENTRY FORM.

14. Additional copies of the Entry Form can be obtained from Sue Johnson, 'Le Touquet', Station Road.
15. The Society will not accept responsibility for any damage caused to exhibits before, during or after the Show.
16. Points for each Class will be awarded as follows: 4 points for a 1st, 3 points for a 2nd, 2 points for a 3rd and 1 point for Highly Commended. The Parish Council Shield will be awarded to the exhibitor gaining most points overall.
17. The judge's decision is final. Awards/points may be withheld from any exhibit of insufficient merit.
18. Trophy winners are responsible for loss or damage to the Society's trophies whilst in their possession. Please ensure that our trophies are covered by your household insurance.
19. No points will be awarded for Class **68**. Children's classes will be scored separately.

Any queries to: Sue Johnson (Secretary)
'Le Touquet', Station Road
Tel: 01279-812704
Email: susanjohnson09@hotmail.co.uk

CHURCH EVENTS IN OUR VILLAGES AUGUST 2023

Church Services

Sunday 6th August

- 10:15** All Together All Age Service
Elsenham Village Hall
18:00 Sunday@6, Henham Church

Sunday 13th August

- 10:30** Joint All Age Service
Henham Church
18:00 Sunday@6, Henham Church

Sunday 20th August

- 10:30** Joint All Age Service
Elsenham Church
18:00 Sunday@6, Henham Church

Sunday 27th August

- 10:30** Joint All Age Service
Ugley Church
18:00 Sunday@6, Henham Church

Youth groups have now finished for the summer. They will all return in September.

Other Regular Events

Sunday lunchtime picnics
(all welcome). Bring a packed lunch and folding chair after the morning service to:

13th August: 1 Hall Close,
Henham CM22 6AU

20th August: Rowan House,
High Street,
Elsenham
CM22 6DD

27th August: Orford Hall, Ugley

A chance for fun & fellowship together!

MID-WEEK AND SATURDAY:

Start the Week with Prayer
Church Hall, Henham 9.30am
Mondays: 7th, 14th, 21st & 28th

Church Lunch Club
Elsenham Memorial Hall 12.30pm
Fridays: (2nd & 4th Friday of month):
11th & 25th

Afternoon Tea
OSCA, Henham 2.00pm
Saturday: (3rd of month) 19th

ELSENHAM FLOWER SHOW 2023 SHOW ENTRY FORM

Please tick each class(es) you wish to enter.

EXHIBITS TO BE RETAINED BY THE EXHIBITOR MUST HAVE THE CLASS NUMBER CIRCLED – UNCIRCLED ITEMS WILL BE PUT INTO THE AUCTION.

**VERY
IMPORTANT**

FLOWERS	VEGETABLES		FLOWER ARRANGING
1.	27.	53.	76.
2.	28.	54.	77.
3.	29.	55.	78.
4.	30.	57. <i>CHILDREN ONLY</i>	79.
5.	31.	58. Top Tray Class	
6.	32.		HANDICRAFTS
7.	33.	PRODUCE	80.
8.	34.	59.	81.
9.	35.	60.	82.
10.	36.	61.	83.
11.	37.	62.	84.
12.	38.	63.	85.
13.	39.	64.	86. <i>CHILDREN ONLY</i>
14.	40.	65.	
15.	41.	66.	PHOTOGRAPHY
16.	42.	67.	87.
17.	43.		88.
18.	44.	BAKING	89.
19.	45.	68. MEN ONLY	90.
20.	46.	69.	91. <i>CHILDREN ONLY</i>
21.	47.	70.	
22.	48.	71.	
23.	49.	72.	
24.	50.	73.	
25. <i>CHILDREN ONLY</i>	51.	74.	
26. Top Vase Class	52.	75. <i>CHILDREN ONLY</i>	

EXHIBITOR'S CONTACT DETAILS

TOTAL NUMBER OF ENTRIES _____ ENTRY MONEY ENCLOSED _____

NAME: TEL. NO.....

ADDRESS:

ENTRY MONEY - Each exhibit charged at 40p. For 10 or more entries total equals £4.00

CHILDREN ONLY entries – FREE

Completed forms should be placed in an envelope, together with your entry fee(s) and sent to any of the following:

'Le Touquet', Station Road	5 Paget Court
'Tyronne', Station Road	1 Sant Road (off Franklin Drive)
Ticket Office, Elsenham Railway Station	18 Markwells

By Sunday 13th August – No late entries will be accepted



Hello again from everyone at Stansted Fire Station.

We hope everyone has been making the most of the hot weather during June.

June and July have been busy months for the crew here at Stansted being mobilised to a whole raft of incidents predominantly on the surrounding road networks and M11 motorway, the dry period has not yet led to the same conditions we saw from last summer but the long-range weather forecast has more heat coming.

As a service we have been training and preparing hard for these busy periods but we urge our residents and the wider public to be aware of the risks during the summer period. We, as always, need your help during these conditions see the safety advice link below:

[Stay Safe Essex this summer | Essex County Fire and Rescue Service \(essex-fire.gov.uk\)](#)

The station has been busy supporting the community where we can, attending various fetes and summer events and it has been a joy to meet you all and speak about the importance of home fire safety and wider safety advice.

I know the crew especially enjoyed the hospitality given at the Elsenham fete a tray of cakes and cups of tea will always mean we are happy to attend and share stories of our fantastic roles in the community.

Lastly, home fire safety visits are free to any Essex resident and can be booked on our website (link below). This is a government and ECFRS initiative to get a working smoke alarm in every residential dwelling, so please feel free to get in touch.

[Home Fire Safety \(essex-fire.gov.uk\)](#)

Stay safe and best wishes from all at Stansted Fire Station.



Broomfield field fire attended by x 2 Stansted crew in 2022



Stansted's crew in the coronation tug of war



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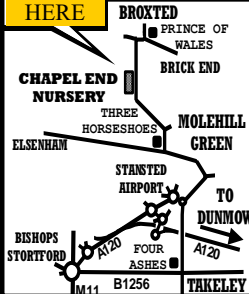
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NATURAL OUTLOOK ON AUGUST

By Heather Salvidge 🐞 814153



Before they faded during July, I was astonished to see how tall some of the wilder plants in our back garden had grown. Some of the meadow sweet by the stream was up to 6ft, the huge clump of figwort was 6ft 6" and the tallest of the teasels were about a foot taller than the 6ft 6" fence.

Last year being so hot seemed to be a bad year for butterflies. In August we did eventually get a gatekeeper, a small tortoiseshell, a holly blue, and both the small purple and gold day moth. We also had a hummingbird hawk moth. It was a good year for that one but not for other butterflies we usually see. A new one for the last two years has been a silver washed fritillary which was happy to feed on the two buddleias. If it returns this year, I'll try to get a photo.

Other insects about were the common wasp (which builds a nest of yellowish 'paper') and the wasp beetle, which is about the same length as a queen wasp with a very pinched 'waist.' It is much more slender and has variable yellow bands on its black body. We get the small hover flies and two bugs: a green shield bug which is bright green and the forest bug which is brown and favours cherry trees and other orchard fruits. And, of course, we see bumble bees and honeybees. I have heard of a local digger bee making its solitary nest in a crack in paving stones - hope it stays dry. When I wrote this the two buddleias were just coming to early flower, the davidii in the front and the Black Knight in the back, so I do hope that there is still plenty on these bushes for all the insects to feed on in this month.

In The Spinney, the main wildflower patch, late-summer flowers are: low growing red bartsia, for purples there are the fluffy lesser knapweed and self heal, yellows are toad flax, ragwort, flea bane with its oval flower heads and white upright hedge parsley by the trees. Also, there are the seed heads of yellow rattle, which was planted to slowly remove phosphorus from the soil and give the wildflowers a better chance.

This year the grass, too, has grown taller than usual so this year *especially*, when exercising dogs in The Spinney, please keep them off the wildflower areas because dogs' urine kills wildflowers and the phosphorus in dog excrement encourages grass. If necessary, you will find waste bins nearby.

Signs of Autumn approaching: by the end of the month harvest is half-way done, the berries on the young rowan on The Spinney are orange, some of the leaves and seed cases on our spindle bush are just turning pink, the cotoneaster berries are turning red, as well as the rosa glaucas. Any young robins still with speckled chests begin to get orange ones and older birds start singing to get territorial. The swifts left weeks ago but the swallows and house martins are still about.

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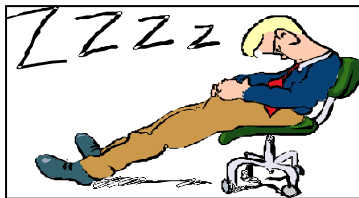
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Adieu Elsenham

"Idyllic"..... one word to sum up Elsenham. "Pretty"... "...this beautiful village offers you and your family a wonderful place to call home....."

"Just 5 miles away from Elsenham is Bishop's Stortford, full of high street shops, including Jackson Square Shopping Centre.... places to stop for food and drinks..... Our new homes in Elsenham are perfectly located to enjoy all that this desirable area has to offer."

The above is part of what you can read on the Dandara website as it tries to tempt you to purchase one of its new and extremely expensive homes about to be built in Elsenham.

Let us dissect some of their words. *"Perfectly located to enjoy all that this desirable area has to offer."* The location is such that any attempt to travel to the market town of Bishop's Stortford will be hindered by that old chestnut, or should I say bottleneck, Grove Hill. The completely inadequate road access to all those good restaurants and cafes will frustrate easy access.

Developer after developer has built homes within Elsenham BUT no improvement (other than cosmetic) has been made to the road infrastructure. Prospective buyers should be warned that they will become extremely frustrated as they travel the road network. You will find appallingly expensive parking within Stortford and that assumes you can even find a parking space.

"Perfectly located to enjoy all this desirable area has to offer."

Once it was perfectly desirable but the large expanses of green fields are now replaced by large expanses of housing estates. No longer a beautiful village.

Ray
Franklin

GARDEN HINT *By Sue Johnson*

In very hot weather, move pots and containers out of sunny areas into the shade. Grouping pots together can help reduce moisture loss. Placing saucers under pots helps capture water, should there be some welcome rain.





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www.hairlosslaserclinic.co.uk

The Hair Loss Clinic is a company set up to provide information, advice, support and above all solutions for people experiencing hair loss. Not only do we provide realistic and workable solutions to those suffering from hair loss but we are also specialists in after and on-going care for hair loss, giving you the very best support. We can help you through your journey from hair loss through to aftercare if your hair grows back. We provide a personalised service and will recommend the course of treatment or other solutions most appropriate to you.

We provide information, support and advice about your hair loss and identify the factors you will need to consider when choosing which solution is suitable for you.

We provide guidance on cutting and styling of your wig or integration piece and advice on what to do when your hair starts growing back.

Monthly Trichologist clinics are held with Eva Proudman, MIT IAT. Eva is widely known both in the UK and Internationally for her work with hair loss. She has appeared on TV many times and supports many major hair companies with her research into hair loss. All consultations are private and last for between 45 minutes and 1 hour; during this time all relevant areas of health, diet, lifestyle, family history, hair care regime will be discussed along with an in depth examination, including the use of a specialist scalp camera to arrive at a diagnosis and treatment plan.

Whatever the cause of your hair loss or the extent of the hair loss, we are here to help you.



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Some really good news for our Church, after waiting over six months for planning permission Uttlesford District Council have now finally granted us consent for our new Annexe at St. Mary's. The next step is for an archaeological survey to be carried out. We will then need a faculty from the chancellor of the Diocese before we can start work. Once we have obtained this we can at last put the plans out to tender to builders for estimates. With inflation and building materials having risen significantly over the last two years we may have to raise some more money to complete the project but at least we can finally make a start.

The new building will provide us with a warm place to meet and provide refreshments but above all, decent toilet facilities for all. It has been a long standing embarrassment when people attending the church, some of them having driven a long way to attend baptisms, weddings and funerals often ask "Where are the toilet facilities?" The local pub being shut recently and no public convenience in the village has not helped the situation.

Our next fund raising event will be an Art Exhibition to be held at St. Mary's Church so why not make every effort to come along and see the talent of local artists. A great opportunity to buy a nice picture for your home and have a chance to see our beautiful Church. Our Art Exhibition will take place on the weekend of October 14th and 15th. So do spread the word amongst friends and put the date in your diaries.

COST OF LIVING CRISIS

✉ Cllrdonald@uttlesford.gov.uk
✉ Cllrlees@uttlesford.gov.uk

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☎ 816675

As the cost-of-living continues to rise, detailed below are all the current support schemes we have available to support our residents who find themselves in financial hardship. These are the main pages of the websites which provide signposting and links to specific support.

Uttlesford Cost of Living Support Fund

www.uttlesford.gov.uk/cost-of-living

Local Council Tax Support (LCTS)

www.uttlesford.gov.uk/lcts

Exceptional Hardship Fund

www.uttlesford.gov.uk/ehf

Housing Benefits

www.uttlesford.gov.uk/benefits

You do not need to be in receipt of benefits to apply for additional support. Households that do not qualify for benefits, but due to the increase in the cost of living are struggling financially, these two support funds are open to help all. We also have dedicated officers who can provide support and guidance in applying for any of the funds, and they will provide advice on support available from other organisations and other funds. Please do contact us, we want to hear from you and are happy to help.



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The Community Food Share is all about reducing food waste and is for everyone. We have fruit, vegetables, meat, baked items and more... and everything is absolutely FREE!

Where? Elsenham Bowls Club (off Leigh Drive)
When? Every Tuesday, 9.30am-10.30am

The produce has a short shelf life, so please only take what you will be able to use in the next few days.

If you would like to get involved and join our team of volunteers, please call 07572 114882 or email info@thetouchpoint.org

☎ 07572 114882
✉ info@thetouchpoint.org
🌐 www.thetouchpoint.org



JULY AT U3A STANSTED

Eileen Quinn ☎ 07874 385541 ✉ stanstedu3a@gmail.com



At the June meeting Ian Keable gave an interesting talk on political cartoons from William Hogarth to Private Eye. This was followed by the Annual General Meeting where a new constitution was formally adopted and will be forwarded for approval by the Third Age Trust. Warm thanks were expressed to Lynda Webb, stepping down as Membership Secretary, for the magnificent work she has done over the last three years. The membership approved the appointment of Pauline Green as Vice Chair, Alison Garrard as Membership Secretary and Gaynor Mordcovich as Group Coordinator as well as Deputy Treasurer. We welcome them to the committee.

The Garden Group enjoyed a warm sunny June visit to a National Garden Scheme garden, Bassetts at Little Baddow, a two-acre mature garden on rising ground with distant views over farmland and the Essex countryside.

Over the next three months the Philosophy Group, which meets twice monthly, is looking at Eastern philosophers, including: Gayatri Sprivak, Gu Su, Amartya Sen, Lao Tau and Byang Chul Han. If you are interested in joining the Group the contact details are above.

At our meeting on 13 August Tony Earle will talk about the work of Charity Shops.

This year's third Saturday Seminar took place on June 17. Georgina Ferry, a feature writer on the New Scientist and a radio broadcaster, delivered a fascinating presentation on the life and work of Dorothy Hodgkin, the only British woman to have won a Nobel Prize for Chemistry, for her work in analysing the atoms in molecules of penicillin and insulin using X-ray crystallography. The Saturday Seminar on August 19 called "HG Wells, Realist and Dreamer, will be given by Professor Patrick Parrinder. The Saturday Seminar on 2 September will be called "Saving Humanity with a Doughnut!". Details of the seminars can be found on our website www.u3asites.org.uk/stansted/home



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THE HUNDRED PARISHES SOCIETY

By Ken McDonald, Secretary  www.hundredparishes.org.uk



The Hundred Parishes is blessed with an exceptional number of museums, all open at this time of the year. Saffron Walden Museum was purpose-built in 1835. It displays a real treasure trove of material relating to the local area.



Imperial War Museum, Duxford is enormous, displaying all kinds of wartime material including its own listed buildings from each World War, as well as many aeroplanes, both civilian and military.



Great Dunmow Museum is housed in a former maltings. It encompasses displays about its former function as well as broader elements of Dunmow history.



Forge Museum in Much Hadham includes metal tools from the forge, while its own medieval wall paintings reveal an insight into Tudor fashion. Still in Much Hadham, the hamlet of Perry Green was for many years the home of sculptor Henry Moore. Today, the Henry Moore Studio and gardens



includes an extensive outdoor display of his large works and indoor history of his life. Ashdon Village Museum has an exceptional display of all aspects of local life in the 20th century - and an excellent tea room.

Stansted Mountfitchet has an extensive toy museum within Mountfitchet Castle which is itself a popular destination for children who probably don't realise that this fun place is teaching them a lot about the history of Norman times.

Finchingfield's 15th-century Guildhall incorporates a small collection of local history, presented with help of modern technology. Great Bardfield has a small Cottage Museum and also a village cage, a former lock up.



Further information for each of these can be found on www.hundredparishes.org.uk – either towards the end of the relevant Parish introduction, on What's On, or on the Attractions pages. There, you will also find information about Fry Art Gallery, Linton Zoo, Hinxton watermill and several windmills.

The Hundred Parishes is 450 square miles of northwest Essex, northeast Hertfordshire and southern Cambridgeshire that is largely unspoilt and is richly endowed with many fine examples of agricultural and built heritage. The area has shared a common history which shaped and preserved its distinctive landscape of small and medium-sized farms linked by winding lanes and ancient rights of way to hamlets, villages and then to small market towns. For more information visit www.hundredparishes.org.uk.

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It was lovely to meet some of you at the fete, and for us to talk with you about our plans.

Thanks very much to Bianca Donald for her very creative recycling game which was fun to play with visitors to our stall. It was also extremely informative – we learned how much can be recycled in Elsenham and where. It was also lovely to talk to so many of you.



We are very happy that, at the fete, a considerable number of people signed up to join us. The group is also growing with people joining our group on Facebook, liking our page and following us.

Our aim is to actively promote sustainability within the community of Elsenham. We have lots of ideas for actions we could take, ranging from a community energy project, to recycling and re-use, to promoting increased biodiversity. We would also like to find activities in which children can become involved. By the time you read this we will have held our first meeting and decided on our first action(s). The more people who join us, the more we can do and the less each person needs to do. If you would like to join, please email us at the address above or find us on Facebook. We very much look forward to hearing from you.

ELSENHAM BOWLS AND SOCIAL CLUB

By Sue Waite



What a brilliant Fete day we had this year. We decided to make it an open day for the Bowls Club and what a success it was. We had target bowls on the playing field – the winner of £20 was Stephen. Well done Stephen. From playing target bowls, people were directed to the Bowls Club for a game or two on the bowls green. It seems that you all just wanted to have a game of bowls and the club was crammed. The bar was also very busy and I believe we nearly ran out of beer. Wow, thank you so much for supporting the Bowls Club and making the day enjoyable. Please come back and see us soon.

A big thank you to all the Bowls Club members who helped with the target bowls and in the Bowls Club – you all did a brilliant job.

This is for all you social members out there – Elvis is coming to Elsenham. Details will be confirmed soon.

Don't forget the club is open five evenings per week from 7 p.m. Darts on Thursday, roll up club night on Friday. You are welcome any time.



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ELSENHAM TENNIS CLUB

By Petra Studholme 📞814667



Essex Small Club League matches

Men's team

Harlow: We had a good game against Harlow at home, securing a 12-4 win with some good tennis from both pairs. Jon and Steve winning all their sets and Lewis and David winning 2 of theirs, hot in a good win.

Much Hadham: We played a hot game against Much Hadham away. This was a tight match and ended up victorious with a 9-7 win, the team were Jon, Steve, Lewis and Jonathan.

Stebbing: We played a home game against Stebbing resulting in a 10-6 win against a good side. Some good tennis was played by both pairs consisting of Jon, Steve, Lewis and Henry.

Mixed

Bishop's Stortford: Our away match proved to be very tricky. Long, exhausting rallies, windy conditions, balls skimming because of totally different surface to our courts, but Yullia and Bogdan, Petra and Henry persevered to manage a very respectable 8:8 draw.

Club nights report

At long last the weather has turned warm, sunny and windless. Beloved by all but particularly by tennis players. Balls now go where intended and are bouncing better than ever. Attendance (anything between 6-12 players) was markedly improved over previous months and we have worked out a method of playing resulting in very little "down" time for everybody. Let's hope it lasts.

Coaching – individual and group sessions

We have individual and group coaching sessions, cardio run by our dedicated and experienced coach Steve Smith. Contact Steve via email:

stevesmith865@hotmail.com or call/text 07790 561 817. Please note that Cardio Tennis is open to members and non-members and is a terrific way to get or stay fit. Our coach's choice of music is sometimes questionable, but everyone has fun.

Rackets and balls

Steve has high quality rackets, reasonably priced for you to try before you purchase as well as Dunlop balls.

Hire our courts – open to non-members

Hire our courts to play with friends and family - £3 per adult, and 50p for under 18s. You can email us or message on Facebook for availabilities, but please, if possible, give us 24hrs notice as we need to arrange to open the courts for you.

Weekly Activities

Tuesday evening – 6.30pm cardio tennis

Tuesday evening – 7.30pm club night

Wednesday morning – 10am causal play

Thursday evening – 6.30pm group coaching (rusty racket)

Thursday evening – 7.30pm cardio tennis

Friday morning – 10am casual play

Sunday afternoon – 2pm casual play

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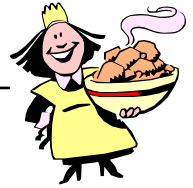
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COOKERY CORNER

By Sue Johnson ☎ 812704



Here's a very simple supper dish, easily doubled or halved.

PIRI PIRI CHICKEN (serves 4)

2 red chillies
1 red pepper
3 tablespoons red wine vinegar
4 tablespoons olive oil
4 boneless chicken breasts (skin on)
Salad leaves, to serve

To make the marinade, halve and seed the chillies and red pepper. Chop the chillies finely and the pepper roughly. Tip into a food processor. Add the vinegar and oil. Season with a little salt and pepper. Whizz, but leave chunky.

Slash the chicken breasts across the skin side and put in a shallow dish. Pour over three-quarters of the marinade, turning the chicken to coat it. Marinate for at least 10 minutes or overnight in the fridge. Reserve the remaining marinade.

Heat a griddle or heavy frying pan, add the chicken and cook for 5-6 minutes on each side, turning once. Serve on a bed of salad leaves with the reserved marinade drizzled over.

CHEF'S RECOMMENDATIONS:

Make extra marinade and keep chilled, ready to add some piri piri to your cooking at any time. Leave the seeds in the chillies for extra kick if you wish. For a healthier option use skinless chicken breasts.

STANSTED HALL & ELSENHAM CRICKET CLUB

By David Brown ☎ 831011 ✉ david1.r.brown@gmail.com



The 'Ashes' are slipping away. How frustrating England could have been 2-0 up but are agonisingly 0-2 down. A very controversial and exciting series so far though. Is cricket the winner though?

The 1st XI have had an excellent first half of the season in the HEBL Premier League. Currently they are 2nd having won 6 of the last 7 matches. In particular Rory McGurk and Nick Price have been in fine form with the bat but the bowlers have consistently taken wickets. The 2nd XI have done even better in Division 3 they are undefeated and top of the league. Encouragingly this team, led by Andrew Mackenzie, has some very promising youngsters performing well with both bat and ball.

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ELSENHAM VILLAGE FETE

Saturday 17 June 2023

To everyone who came to the fete **THANK YOU!**

Whatever it was you did at our Village Fete this year, we are SO happy that you came and celebrated. Hey, even the sun shone this year..... amazing!

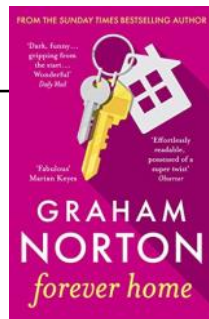
There is always so much that goes on behind the scenes. Our fete is only possible with the help of MANY marvellous people, and we cannot thank you all enough – you all know who you are.....Thanks to each and every one of you!

However, some of our current committee members are stepping back and we therefore **need new people**. We are looking to work with a fresh group of people to take our fete on to the next generation to ensure its future. If you want to see your fete carry on, please get in touch with Laura at ✉ wtmbricks@gmail.com

Once again, thanks for supporting us in getting this wonderful community together.

Until next year.....**SATURDAY 22 JUNE 2024.**





'Carol is a divorced teacher living in a small town in Ireland, happy enough with the life she has. But a second chance at love brings her unexpected connection and joy. The new relationship sparks local gossip: what does a woman like her see in a man like that? What happened to his wife who abandoned him all those years ago?

When Declan becomes ill, things start to fall apart. His children are untrusting and greedy and Carol is made to leave their beloved home with its worn oak floors and elegant features and move back in with her parents.

Carol's mother is determined to get to the bottom of things, she won't see her daughter treated this way. It seems there are secrets in Declan's past, strange rumours that were never confronted and suddenly the house they shared takes on a more sinister significance.

In his gripping and darkly comic new novel Norton casts a light on the relationship between mothers and daughters, and truth and self-preservation with unnerving effect. . . .' So says the blurb on the back of the book.

'Blends dark humour and emotional weight with ease' *Radio Times*

Forever Home was this month's choice for the book group.

This book is set in a fictional Irish town. The writing is warm, humorous and full of colloquial language that adds character. Many of us found this to be an easy read, a perfect holiday book, with surprises and twists to keep the pages turning.

Carol sells her house and gives the money to her son for his house purchase. She moves into Declan's house and imagines this will be her forever home, although they don't marry. Carol met Declan when she provided tutorials to Sally, Declan's daughter. The relationship with Sally and Declan's son Killian becomes strained after she moves in and Carol understands Sally misses their mother who mysteriously left several years ago. Unbeknownst to Carol, Declan's children have power of attorney and when he becomes ill with dementia, they put the house up for sale. Carol has no rights and so is forced to return home to live with her parents, the wonderful Maureen and Dave. Dave has acquired wealth through his coffee shops. He seems a contented, simple and home-loving man. Maureen is a whirlwind of action. They were never keen on Declan and are worried about Carol. They can see that Carol has been shut out from Declan's care. Dave and Maureen purchase Declan's house anonymously and Maureen sets about doing it up for Carol. This is when the fun starts and they realise that there are mysteries in the house... Maureen, although in her 80s, is keen for adventure and she and Carol set out to uncover the secrets. To say any more would be a plot spoiler.

Editorial Information

Articles

The **last day** for editors to receive articles, advertising and letters, which must contain the author's name and address (which may be withheld), is the 8th of each month.

Articles should ideally consist of a half page of A5 or a full page of A5. Articles over these sizes or letters containing more than 500 words may be edited depending on space.

Copy submitted after the 8th may not be accepted but will, if deemed appropriate, be held over to the next month. We are happy to receive hand written articles which ideally should reach us earlier than the 8th to allow for scanning etc.

Dates for the Diary must include date, event, venue and time.

Please submit all articles, adverts, letters and queries to the editorial team at:
elsenhamsnews@hotmail.co.uk

General Notes

Whilst every effort is made to ensure that information is correct, the editorial team cannot be held responsible for any inconvenience caused through errors or omissions.

The views expressed within this magazine are not necessarily the views of the editorial team or Elsenham Community Association (ECA).

The editors and the ECA can accept no responsibility for the goods or services advertised in the magazine. Advertisements are included in good faith. The editors reserve the right to allow replies to letters/articles to be made in the same edition when appropriate.

The editors' decision is final.

Wanted/For Sale items: individuals may submit short details of items wanted or for sale etc at no charge. These will be included in the next available issue of the magazine subject to space and acceptance by the editors.

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Village organisations attract reduced rates, £5 for ¼ page. Half and full-page adverts attract full rates.

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For any queries, contact Nathalie. Please send your advert as Word or Publisher via email to **elsenhamsnews@hotmail.co.uk**

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Editorial Team:

**Gary Williams
Emma Bailey
Marion Giles
Patricia Davis
Anne White
Nyaradzo Chabata
Angie Wenlock
David Newland**

Previous issues of Elsenham News are available on the ECA Website

UPCOMING EVENTS

Flower Show Saturday August 19

Elsenham Village History Society September 13 at 8pm Memorial Hall

MacMillan Coffee Morning September 29

VILLAGE CONTACTS

Airport Roadside Parking		0800 731 2385
Beavers	1sthenhamandelsenham@gmail.com	
Bowls Club	Jean Platt	816151
Brownies	elsenhambrownies@gmail.com	
Church Office (Old Frank's, High St, Elsenham)	Anna Hicks	814285
County Councillor (Stansted)	Ray Gooding	813103
Cricket Club	David Brown	831011
Cub Scouts	1sthenhamandelsenham@gmail.com	
ECA (Chairman)	Allan Hathaway	813385
ECA (Secretary)	Moyra Jackson	647351
ECA Website	www.ElsenhamCommunityAssociation.org.uk	
Elsenham Surgery	www.elsenhamsurgery.nhs.uk	814730
Elsenham C of E Primary School	Linda Todd Headteacher	813198
Elsenham Church PCC Secretary	David Hill	812397
Elsenham Rights of Way website	www.e-voice.org.uk/erowos/	
Friends of Elsenham School (FOES)	Louise Judd	foespta@hotmail.com
Guides elsenhamguides@gmail.com	Gemma Schafer	07792 572423
Henham & District Garden Society	Moyra Jackson	647351
History Society	Mike Rea evhs12@hotmail.co.uk	813634
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St Mary's Fabric Fund	Elizabeth Barker	813543
Tennis Club	Petra Studholme	814667
Tots & Toddlers	Dawn Temple	07944 841358
Uttlesford District Councillors (for Elsenham & Henham)	Petrina Lees	816675
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